

1996 DSE RACE RESULTS

Date	Race
1/1/1996	Hangover Run 3.53M
1/7/1996	Single/Double Muni Pier Runs
1/14/1996	Windmill Run 6.5M
1/21/1996	Lake Merced Run 4.5M
2/18/1996	Legion of Honor Run 4.3M
2/4/1996	Stern Grove Run 4M
2/11/1996	Golden Gate Bridge Vista Run 5.04M
2/18/1996	Polo Field 5K/10K
2/25/1996	Ferry Building Run 3.83M
3/3/1996	Diamond Heights Run 2.99M
3/10/1996	Rainbow Falls 3M
3/17/1996	Little Marina Green Run 3.8M
3/24/1996	Roller Coaster Run 2.92M
3/31/1996	North Embarcadero Run 6.25M
4/7/1996	Easter Egg Run 3M
4/14/1996	Walt Stack 10K
4/21/1996	Kennedy Drive 4.7M
4/28/1996	Beach Esplanade Run 5.6M
5/5/1996	South Embarcadero Run 6.25M
5/12/1996	Right to Assemble 12K
5/26/1996	Walt Stack 5K/25K
6/2/1996	Practice Dipsea 6.8M
6/9/1996	Polo Field 5K
6/16/1996	Presidio Gate 3.3M
6/30/1996	Twin Peaks Run 3.63M
7/4/1996	Lake Merced Run 4.5M
7/7/1996	Single/Double Muni Pier Runs
7/14/1996	Daly City Scenic Run 6.8M
7/21/1996	Windmill Run 6.5M
7/28/1996	Golden Gate Bridge Vista Run 5.04M
8/4/1996	Where The Hell Is Brisbane 5.6M
8/11/1996	Rainbow Falls 3M
8/25/1996	DSE Memorial Run 4.5M
9/1/1996	Roller Coaster Run 2.92M
9/8/1996	Beach Esplanade Run 5.6M
9/15/1996	Ferry Building Run 3.83M
9/22/1996	DSE Biathlon
9/29/1996	Single/Double Lake Merced Runs
10/6/1996	Polo Field 5K
10/13/1996	Kennedy Drive 4.7M
10/20/1996	Fun at Fort Funston 5K
10/27/1996	San Bruno Mountain 5K/10K
11/3/1996	Women's Distance Festival 5K
11/10/1996	South Embarcadero Run 6.25M
10/6/1996	Distance Classic (12 Hour)
11/17/1986	Lands End 5K
11/24/1996	Walt Stack Trail 7.13M

12/1/1996 Monument to Baker Beach 5.6M
12/8/1996 Presidio Gate 3.3M
12/15/1996 Rainbow Falls 3M
12/22/1996 Coit Tower Run 3M
12/25/1996 Christmas Blind Date Relays
12/29/1996 Ferry Building Run 3.83M

RUNNING RESULTS

1996 HANGOVER RUN
3.53 Miles • January 1, 1996
Presented by Race Directors:
Caroline Merrill & Annabel Marsh
Volunteers: Ken G. Murray, Letty Garbisch, Tony Stratta, Marian Lyons, Marty Kerbleski, Linda Dillon, Lillian Conrad, John Decker, Harry S., Andrew Driscoll, Danielle Atencio, B. Davis, Neil Mahoney, Joan Reiss, John B. Gregson, John M. Gregson, Jane Lee, Myra Green, Deborah Neil, & Stephanie Fong

Runners

1	Antonio Corgas	21:41
2	Tyler Abbott	:48
3	Peter Hsia	22:43
4	Gary Ellis	:48
5	Pete Nowicki	23:39
6	Manny Berston	23:52
7	No Card	24:22
8	No Card	24:24
9	No Name	24:32
10	David "More Sleep!" Moulton	24:41
11	W.N. Morrison	:45
12	Herman Escajadillo	:48
13	Stan Yasuhara	:59
14	Matt Waddell	25:34
15	Matt Gorra	:35
16	Tomassa Nakamura	26:00
17	John Weidinger	:02
18	Larry Wuerstle	:20
19	Tom McCarthy	:28
20	Jerry McGowan	:33
21	Keith O. Johnson	:36
22	Kimiris Klavopoulos	:47
23	Timothy Murdock	:58
24	Patrick Lee	27:01
25	Dick Parker	:06
26	MainFrame Man	:11
27	Thomas P. Grey	:15
28	Theo Jones	:25
29	Ron Schroth	:31
30	Ron Dorey	:45
31	Kevin Miller	:49
32	Venu Riggio	:57
33	Richard Laine	28:01
34	Robert Miller	:13
35	Jim McCarthy	:21
36	No Card	28:22
37	Judy Tamsic	:24
38	Martin K.	:32
39	Russell Cohen	:34
40	John Dugan	:35
41	Mitchell Sollod	:38
42	Gregory Brown	:41

43	Greg Moore	:43
44	Tony McDonagh	:54
45	Gary Osborn	29:03
46	Denise Leo	:05
47	Bob Besso	:08
48	John blankenship	:16
49	Patrick Reagan	:24
50	Laura Handley	:27
51	Harold Heringhi	:28
52	Marvin Webb	:29
53	Peter Mandell	:33
54	Andrew O'Driscoll	:36
55	Stephanie Fong	:47
56	Ed Mooney	:52
57	Lucy Wing	:53
58	Fred Haber	30:21
59	John B. Gregson	:30
60	John Abe	:33
61	Tory Wasserman	:36
62	Elaine Mah	:38
63	Benjamin P.	:42
64	Rick Shea	:50
65	Jeff Houston	31:02
66	Wendy Newman	:09
67	Mary Rogers	:21
68	Doris Segner	:25
69	Robert Tatar	:31
70	Jennifer St. Clair	:35
71	Ken Reed	:40
72	Mike Taheny	:42
73	Tim Healow	:43
74	Mort Weisberg	:47
75	Robert Field	:56
76	Diana Wallace	:59
77	Bobby Marty	32:00
78	Marian Lyons	:01
79	John Elsbree	:11
80	Kenneth Fong	:16
81	Huey Ha	:17
82	Irvin Taputuarai	:22
83	George Rehmert	:22
84	Frank Hunt	:23
85	Jim Gallagher	:24
86	Joan Reiss	:31
87	Hilary Naylor	:43
88	Robert Archibald	:52
89	Brian Davis	:59
90	Bob Abbott	33:00
91	Peking Duck	:01
92	Ken Seggerman	:02
93	Reid Walden	:03
94	B. Bo Hewitt	:04
95	Glenda Wong	:06
96	No Card	:20
97	Margaret Yee	:31
98	Mike Fleming	:32
99	Dan Champeau	:36
100	Mark Rice	:37
101	Kaine Boross	:40
102	Rahul Mehta	:43
103	Bill Woolf	:44
104	Ed Mahler	:45
105	Nancy Makuch	:50
106	Sarah Johnson	:53
107	R. Tischbern	34:00
108	Virginia Flores	:10
109	Kristin Ikola	:24
110	Jane Colman	:48
111	Jan Haberzette	:51
112	Frank Crabbe	35:00
113	Jeanie Jones	:04
114	Charles Shackett	:17
115	Jeremy Elsener	:19
116	Don Elsener	:26
117	Andy Edmondson	:28
118	No Card	:33
119	John M. Gregson	:35
120	Peter Schmidt	:39

121	Nick "New Year" Lederer	35:42
122	No Card	:44
123	No Card	36:02
124	Linda Litner	:20
125	Joe Oakes	:21
126	Joan Hillton	:27
127	Becky Rozewicz	:27
128	Don Watson	:30
129	Sushi Breath	:31
130	Mike Pechner for Buck Swanack	36:33
131	Rich Monteleone	:36
132	John Decker	:39
133	Sue Decker	:41
134	Elaine Koga	:44
135	Dave Woody	:48
136	Ron Brock	:49
137	Phil Johnson	:56
138	Nancy Nevin	37:03
139	Dale Nelson	:16
140	No Card	:20
141	John Lang	:25
142	Cynthia Hovermale	:26
143	William Luc	:27
144	Mark Hovermale	:28
145	Mike Aielu	:28
146	Phyllis "Saida" Nabhan	:30
147	Sasha Vitomski	:31
148	Rachel Power	:39
149	Phil Gallagher	38:07
150	S.A. Buchmann	:15
151	Judy Jameson	:19
152	No Card	:22
153	Janet Beaty	:26
154	Jeffrey Tran	:27
155	J. R.	:35
156	Tom Boyd	:36
157	Terry Rosenstock	39:08
158	Neil Mahoney	:09
159	Linda Dillon	:45
160	Lillian Conrad	:55
161	Raymond Lee	40:06
162	Kathryn VonBlankenburg	40:14
163	Wally Rapozo	:18
164	Danielle Atencio	:28
165	Frank Evans	:32
166	Tom Martz Sr.	:32
167	No Card	:59
168	John Guinee	41:08
169	No Name	:34
170	Susan Kay Gilbert	42:15
171	Christine Warren	:46
172	No Card	:59
173	John Clevenger	43:17
174	Lani Hale	:27
175	Dick Collins	:38
176	Diane Okubo	44:40
177	Valerie Gnesdiloff	:46
178	No Card	:53
179	No Card	45:09
180	Joan Long	:53
181	Al Long	:59
182	Judy Reichle	46:01
183	No Card	:06
184	Jim Pommier	:07
185	Judy Golding	:08
186	Craig Fairbanks	:16
187	No card	:41
188	Kathleen Barber	47:20
189	Charlene Schmitz	48:52
190	Bill Commins	49:13
191	Birdman	:16
192	Mike Palmer	:17
193	James L. Collins	:35
194	Ann Harrington	:43
195	Don Reid	50:33
196	Len Wallach	51:48
197	Walt Reichle	:51

SINGLE LAKE MERCED

4.6 Miles • January 21, 1996

Race Director: Andy Chan

Volunteers: Joe Basile, Jason Wong,
Susan Chou, Jenny Akana, Ritchie
Jong, Tan Nguyen, Ken G. Murray,
Patrick Lee, Raymond Lee, and
Darlene Zane

Runners

1	Tyler Abbott	24:25	42	Joan Reiss	36:05
2	Gary Ellis	:39	43	Bobby Absolute	:09
3	Mike Gama	25:12	44	Kimberly Rodrigues	:09
4	Gerardo Gay	:16	45	Patrick Reagan	:46
5	Antonio Corgas	:35	46	Lori Giono	37:16
6	Pete Nowicki	:50	47	Rick Mollenkopf	:18
7	David "Hip Held" Moulton	26:02	48	Mort Weisberg	:37
8	No Name	27:23	49	Robert Field	:37
9	Jim Misener	:52	50	Sandra Seiki	:44
10	James Stratta	28:35	51	Tom Chuey	:53
11	Angaw Ambachew	:37	52	Ed Mahler	38:37
12	William Galvin	:59	52	Mike Taheny	39:36
13	Karl Watanabe	29:35	54	Joe Oakes	:36
14	Jerry McGowan	:59	55	Nancy Nevin	:40
15	Tomassa Nakamura	:59	56	Dale Nelson	:40
16	Richard Lane	30:17	57	Salvaje	:49
17	Ron Paige	:19	58	King Lau	41:52
18	Jason Wong	:53	59	Rachel Power	42:01
19	Russell Breslauer	31:04	60	Bob Cantwell	:07
20	Susan Chou ①	:19	61	Ted Vincent	:08
21	Andrew O'Driscoll	:31	62	Danielle Atencio	:29
22	Gregory Brown	:51	63	Dennis Wong	43:18
23	Fred Haber	32:22	64	Neil Mahoney	:46
24	Harold Heringhi	:30	65	Jane Lee	44:03
25	Stephanie Fong ②	:37	66	Dave Turpin	:30
26	Jeff Houston	:57	67	Mary Rogers	45:33
27	Kenneth Fong	33:06	68	Tom Boyd	:40
28	Denise Leo ③	:24	69	Jane Colman	:48
29	David Leo	:24	70	Marty Maricle	46:19
30	Norman Ching	:37	71	Alison Yee	:39
31	Peter Royce	:39	72	Spike	47:21
32	Ed Mooney	:43	73	Reid Walden	48:38
33	David Fong	34:13	74	Elaine Koga	:39
34	Jim Gallagher	:19	75	Ron Brock	49:19
35	George Roach	:27	76	Bill Comming	1:01:38
36	Liz Varnhagen ④	:38			
37	Jim Campbell	35:14			
38	Frank Hunt	:21			
39	Bobby Marty	:43			
40	John Gregson	:56			
41	Becky Rozewicz ⑤	:57			

Self-Timers

Tony Stratta	55:25
Bob Jordan	
Roger Anawalt	
Ceis Wildin	
Phyllis "Saida" Nabhan	
Tim Jones	
Betty Garvey	
Jean Doyle	
Robert Brizuela	
Kathryn VonBlankenburg	
John Sullivan	
Ada Thomas	
Ken G. Murray	
Annabel Marsh	
Ellen Breslauer	

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Golden Gate Bridge Vista Run Cont.

Self-Timers

Charlene Schmitz	1:06:28
Liese Rapozo	
Frank Crabbe	
Richard Hannon	
Bob Jordan	
Ada Thomas	
Ken G. Murray	1:05:00
E. Maguire	
G. Maguire	
Patricia Seligman	1:35:00
Karl Seligman	1:35:00
Mike Taheny	1:23:02
Kimberly Rodrigues	45:20
Bobby Absolute	
Janet Scheuer	

POLO FIELDS 5K/10K

February 18, 1996

Presented by Race Director:
Marian Lyons

Volunteers: Joe Basile, Kevin Lee,
Dottie Borba, Darlene Zane,
Letty Garbisch, Don Larsen,
Shirley Crabbe, Betty Cuneen, and
Mort Weisberg

5K Runners

1 Dev Sinha	16:51
2 Michael Gama	:54
3 Andy Chan-Man	17:22
4 Pete Nowicki	18:05
5 Jim Glanigan	:11
6 Richard Morrissey	:32
7 Demian Smiley	:47
8 James Stratta	:48
9 William Galvin	19:10
10 Patrick Lee	20:06
11 Collin Lee	:14
12 Larry Wuerstle	:17
13 David Harman	:36
14 Susan Chou ①	:38
15 Keith O. Johnson	21:02
16 Harold Heringhi	21:40
17 Russell Breslauer	:47
18 Kenneth Fong	:55
19 Ron Dorey	22:05
20 Norman Ching	:15
21 Patrick F. Cunneen	:57
22 Mark O'Leary	23:08
23 Marvin Webb	:14
24 William P. Knoff	:24
25 Kimberly Rodrigues ②	:25
26 Peggy Kang ③	:41
27 Richard Bolton	:58
28 Johanna Merriss ④	24:05
29 Mike Fleming	:26
30 Jill Scharmer ⑤	:28
31 Jim Gallagher	:57
32 Kathrina Moore	:58
33 Jim Campbell	25:03
34 Bridgette Massey	25:11
35 Maria Pacelli	:14
36 Greg Sendi	:30
37 A. Hom	:55
38 Ray Decker	26:08
39 Patrick O'Leary	:21
40 Ceis Wildin	:27
41 Jan Haberzette	:38
42 Anne Ballinger	:58
43 Calvin Chan	:59
44 Joe Oakes	27:04
45 Wendy Newman	:43
46 Zack Unruh	:56
47 Nancy Nevin	:57
48 Dale Nelson	28:39
49 Bill McGowan	:39
50 Phyllis "Saida" Nabhan	:51

51 Sandra Seiki	28:52
52 King Lau	:52
53 M. Tortue	29:22
54 Annabel Marsh	:29
55 Maureen McGettigan	:35
56 Bob Cantwell	:38
57 Rachel Power	30:05
58 Jim Peters	:25
59 Frank Evans	:29
60 Danielle Atencio	:37
61 Ursula Bernhart	:55
62 Betsy Barsamian Teman	31:10
63 Jane Lee	:14
64 "Spike"	:25
65 Vida Morkunas	32:12
66 Robert Brizuela	:41
67 S. A. Buchmann	34:19
68 Kathleen Lake	38:10
69 Charlene Schmitz	:49
70 Cindy Storman	40:17
71 Jennifer Petersen	:17
72 George Anderson	44:03

10K Runners

1 Tyler Abbott	35:06
2 Peter Hsia	:51
3 Mike Rossner	37:00
4 Tom Davies	:39
5 Mark Gonzales	:46
6 Caruso Thomas	38:22
7 Andy S.	39:01
8 Rolf Nebelung	:32
9 Jim Buck	40:36
10 Jerry McGowan	42:12
11 Andy Niven	:52
12 Stanley J. Krammerhead IV	43:08
13 Linda Young ①	:04
14 Tom Roach	:12
15 Dick Parker	:25
16 Richard Laine	:44
17 Tomassa Nakamura	44:27
18 Gregory Brown	:45
19 Mark Scheuer	:51
20 Reid Walden	:56
21 Judy Tomsic ②	45:03
22 Stuart Ruth	:27
23 Andrew O'Driscoll	:57
24 Lee Heidhues	46:00
25 Paul Mosel	:01
26 David Leo	:25
27 Glenn Fout	:28
28 Tony McDonagh	47:01
29 Judy Waitz ③	:16
30 Mark Satchwell	:47
31 Greg Moore	48:04
32 Liz Heidhues ④	:42
33 Dennis Wong	:48
34 Michael Smith	49:16
35 Rocky Unruh	:27
36 Sam Roake	:59
37 Mary Rogers ⑤	50:07
38 George Roach	:32
39 Brian Davis	51:02
40 Nancy Lemmez	:03
41 Fred Haber	:51
42 Sasha Faulkner	:52
43 Bobby Absolute	53:37
44 Helen Kearney	:41
45 Gretchen Hoffman	:59
46 Bobby Marty	54:35
47 Margaret Yee	:38
48 Bill Woolf	55:04
49 John Elsbree	:48
50 John Kun	:51
51 K. Powers	56:00
52 Tony Spleen	:28

53 Elaine Koga	57:16
54 Nick "Between the Drops" Lederer	57:48
55 Don Watson	58:42
56 Bruce Oliver	:49
57 Ruth Anderson	59:04
58 Katie Roach	:20
59 Tom Boyd	1:01:31
60 Jane Colman	:01:03
61 Ralph Rivas	:01:14
62 Neil Mahoney	:04:51
63 Dave Turpin	:06:59
64 Joan Long	:13:42
65 Al Long	:13:59

Self-Timers

Ada Thomas	
Ken G. Murray	
John Sullivan Sr. (5K)	
Bob Gamble Sr.	
Ed Mahler	
Frank Crabbe	
Conrad VonBlankenburg	
Kathryn VonBlankenburg	
Peter Webb	
Rachel Webb	
Judith Webb	
Milt Schiffman	
Roger Anawalt (10K)	
Mike Taheny (5K)	48:09
Marty Maricle	
Janet Scheuer & Rocky	
Ellen Breslauer	
Ollie Hodson (5K)	30:00
Tony stratta (10K)	1:20:55

March Speaker Cancelled

Hal Higdon, Runner's World writer and author, unfortunately will not be able to speak due to scheduling conflicts.

March Speaker Cancelled

STU - PEDS
by Stu Ruth

HELP... I'VE FALLEN OFF MY HEALTH RIDER AND CAN'T GET UP...

Rainbow Falls Run Cont.

53	Suzanne Franco	24:24
54	Jeanie Jones	:31
55	Ceis Wildin	:36
56	Ila Payne	:45
57	Teresa Schreitmueller	:46
58	Mary Rogers	:53
59	Chris Daus	:54
60	Bob Cantwell	:56
61	Wendy Newman	25:05
62	Thomas Chuey	:06
63	Salvaje	:06
64	Jane Colman	:22
65	Bill Woolf	:26
66	John Mortell	:40
67	Bridgette Massey	:46
68	Phyllis "Saida" Nabhan	:50
69	Don Watson	26:09
70	Marty Maricle	:16
71	Bill McGowan	:20
72	John Brophy	:27
73	Bruce Oliver	:33
74	Robert Field	:39
75	Frank Evans	27:35
76	Rachel Power	:35
77	Mort Weisberg	:40
78	Tom Boyd	:41
79	John Elsbree	:44
80	Wally Rapozo	:55
81	Dave Turpin	28:07
82	Neil Mahoney	:12
83	Kathryn	
	Von Blankenburg	29:04
84	Alex Hope	:20
86	Joyce Witt	:46
87	Stephanie Surratt	:47
88	Ursula Bernhart	:58
89	Robert Brizuela	31:17
90	No Name	:57

Self-Timers

Conrad VonBlankenburg	
Liese Rapozo	
Annabel Marsh	
Tim Jones	
Richard Hannon	
Frank Crabbe	
Bob Jordan	
Milt Schiffman	
Ken G. Murray	36:02

LITTLE MARINA GREEN

3.8 Miles • March 17, 1996

Presented by Race Director:

Ed Mahler

Volunteers: Marian Lyons, Ceis Wildin, Mort Weisberg, Wally Rapozo, Ken G. Murray, & Letty Garbisch

Runners

1	Juan Marquez Torres	21:31
2	Tyler Abbott	:37
3	Michael Gamma	22:07
4	Pete Nowicki	:40
5	Tom Davies	:55
6	Andy Sobozinsky	23:02
7	Jim Misener	:19
8	William Galvin	:24
9	Pogve Malone	:40
10	Wayne Plymale	24:16
11	Cliff Lentz	:24
12	W.N. Morrison	:37
13	David Pelavin	:46
14	Rich Mandleur	:49
15	John Weidinger	:50
16	Garrett Cunneen	25:19
17	Andy Niven	:54
18	Fred Haber	26:04

19	Luciano Costantini	26:09
20	Dimitris Sklavopoulos	:26
21	Theo Jones	:37
22	Keith O. Johnson	:38
23	Dave Picariello	:42
24	Paul Mosel	27:19
25	Norman Ching	:17
26	Susan Lupica ①	:30
27	Gregory Brown	:34
28	Robert Archibalo	28:00
29	Kenneth Fong	:05
30	Stu Ruth	:08
31	Prometheus Ching	:13
32	George Richardson	:31
33	Jeff Houston	:45
34	Tony McDonagh	:49
35	Michael Smith	29:04
36	Lucy Wing ②	:06
37	Christy Yang ③	:22
38	Mike Laramie	:31
39	Bob Besso	:32
40	John Gregson	:39
41	Patrick Reagan	:42
42	Lucy Payne ④	:45
43	Brian Davis	:53
44	Patrick Cunneen	:54
45	Peter Royce	:57
46	John Elsbree	:58
47	Kimberly Rodrigues ⑤	30:01
48	Keith Nowell	:11
49	David Fong	:22
50	Peggy Kang	:26
51	Johanna Merriss	31:07
52	Flaminus Ching	:12
53	Becky Rozewicz	:13
54	No Card	32:00
55	Ken Reed	:10
56	Ben Hawkins	:12
57	Patrick Lee	:12
58	No Card	:13
59	Stacy Kern	:15
60	A. Hom	:27
61	Ted Vincent	:29
62	Ross Franco	:35
63	S. Kennedy	:51
64	Greg Sendi	:56
65	B. Bo Hewitt	33:32
66	Bobby Marty	34:21
67	Jim Gallagher	:22
68	Rich Monteleone	:30
69	Sandra Seiki	:35
70	Bob Nowell	:36
71	Bobby Absolute	:39
72	Bob Cantwell	35:03
73	Laura Blesius	:05
74	James Heinemann	:05
75	Calvin Chan	:08
76	Nancy Nevin	:21
77	Dale Nelson	:22
78	Dave Turpin	:30
79	Bill Woolf	:46
80	Mike Kiser	:47
81	Marty Maricle	:50
82	Phyllis "Saida" Nabhan	36:10
83	Ron Brock	:13
84	Tom Boyd	:17
85	King Lau	:21
86	Elaine Koga	:22
87	Frank Evans	:29
88	Bruce Oliver	:32
89	Don Watson	:34
90	Sarah Crenshaw	:40
91	Danielle Atencio	37:15
92	Mary Magee	38:07
93	Diane Okubo	:19
94	Ursula Bernhart	39:04
95	Maureen McGettigan	:14
96	Jane Lee	:56

97	Kathryn	
	Von Blankenburg	40:14
98	Jane Colman	41:25
99	Juan Tomas Rehbock & Hannelore Rehbock (4 Years)	:29
100	Kathleen Lake	:31
101	Priscilla Black	:38
102	Joyce W.	43:59
103	Bernice Brucker-Vincent	45:44
104	Henry Black	47:05
105	Annabel Marsh	49:51

Self-Timers

Judy Golding	
Ken G. Murray	34:00
Tony Stratta	45:13
Tim Jones	
Pat Pujol	
John Sullivan	
Liese Rapozo	
Joan Long	
Al Long	
Frank Crabbe	
O'Bots O'Theis	
Christine Toreinator	
Bob Jordan	
Ada Thomas	

ROLLER COASTER RUN

2.92 Miles • March 24, 1996

Presented by Race Director:

Dariene Zane & Reid Walden

Volunteers: Joe Basile, Don Larsen,

Justin Seiki, Kevin Lee, Sally Ann

Buchmann, Mrs. Ellsener, and

Patrick "Music Man" Lee

Kid's Run

1	Jeremy Elsener	3:07
2	Laura Elsener	:27
3	Michael Szeto	:56
5	Britten Wilson	4:23
5	Ashly Wilson	:25
6	Jennifer Szeto	:45
7	Joshua Bradley	5:26
8	Megan Fitzsimmons	:43

Runners

1	Wayne Cottrell	15:47
2	Wayne Plymale	18:39
3	Tomassa Nakamura	19:12
4	Don Elsener	:24
5	W.N. Morrison	:40
6	Dennis Lawlor	20:04
7	Theo Jones	:38
8	Stephanie Fong ①	:49
9	Keith O. Johnson	:55
10	Fred Haber	21:01
11	Dave Picariello	:13
12	Russell Breslauer	:27
13	George Richardson	:30
14	Robert Miller	:38
15	Norman Ching	22:02
16	Harold Heringhi	:07
17	Ron Dorey	:24
18	Peter Royce	:54
19	Jim Gallagher	23:04
20	Jeff Houston	:11
21	Michael Smith	:25
22	Liz Varnhagen ②	:28
23	Geoff Bardsley	24:45
24	George & Angelique Rehmet	25:03
25	Irvin Taputuarai	:10
26	Doris Segner ③	:12
27	Ken Loders	26:12
28	Jack Bascom	:24

29	Michael Marty	26:57
30	Marty Maricle ④	27:30
31	Bob Cantwell	:39
32	Phyllis "Saida" Nabhan ⑤	:58
33	Bruce Oliver	28:19
34	Ron Brock	:30
35	Nick "March Madness" Lederer	:32
36	Ellen DeBerri	:34
37	Kathy O'Connor	:35
38	Andy Edmondson	:43
39	King Lau	29:04
40	Ralph Rivas	:05
41	Frank Evans	:55
42	S. Surratt	31:26
43	Joyce Witt	:27
44	Ursula Bernhart	33:04
45	Joan Long	34:45
46	Al Long	:46
47	Gabe Correa	35:42

Self-Timers

M. Schiffman	
Jean Doyle	
Betty Garvey	
Ellen Breslauer	
Janet Scheuer	
John Sullivan	
Richard Hannon	
Len Goldston	
Alexandria Vitomski	
Frank Crabbe	
M. Tortve	
Robert Brizuela	
Ken Murray	29:01
Bob Jordan	
Ada Thomas	
Sally Ann Buchmann	47:00

****** CORRECTION ******

At last months Stern Grove Run **Jim Misener** came in 2nd place. Sorry about the goofup - blame the rain.

****** CORRECTION ******

Walt Stack 10K Run Cont.

24	Larry Wuerstle	43:06
25	John Martin	:20
25	Heidi Fish ①	:27
27	Linda Young ②	44:20
28	Keith O. Johnson	:37
29	Tom Roach	45:05
30	Mitchell Sollod	:09
31	Judy Tomsic ③	:15
32	Russell Breslauer	:30
33	Keith Nowell	:41
34	Amy Rich ④	:58
35	Gregory Brown	46:26
36	Paul Mosel	:31
37	Gary Osborn	:44
38	Ron Dorey	47:15
39	Norman Ching	:38
40	Tony McDonagh	:38
41	Mark Satchwell	:51
42	Tom Berns	48:01
43	Jeff Houston	:05
44	Clark Avery	:23
45	Sam Roake	:45
46	Stu Ruth	49:03
47	Tom O'Toole	:08
48	Michael Murphy	:18
49	Elaine Mah ⑤	:27
50	Marc Rossner	:30
51	Kim Jones	:36
52	Mark Hamilton	:42
53	Dennis Wong	50:05
54	George Roach	:37
55	Lucy Payne	:56
56	Ken Reed	:59
57	Tony Wasserman	51:09
58	Karen Ray	:46
59	Chris Carrillo	52:12
60	Kelly Callahan	:23
61	Rick Torgerson	:26
62	Amy Crichton	:28
63	Frank Crabbe	:46
64	Bobby Marty	53:37
65	Lessley Anderson	:41
66	Ted Vincent	:43
67	No Name	54:05
68	Ed Mahler	:09
69	Cynthia Lok	:49
70	Teresa Schreitmueller	:59
71	Irvin Taputuarai	:05
72	Becky Rozewicz	:49
73	Bridgette Massey	57:01
74	Andy Edmondson	:08
75	Nancy Nevin	:09
76	Dale Nelson	:13
77	Johanna Merriss	:14
78	Patrick Reagan	:46
79	Jane Colman	58:29
80	Richard Bolton	:45
81	Joan Hilton	:48
82	Patty Sawdon	59:24
83	Marty Maricle	1:00:17
84	Calvin Chan	:02:08
85	Bruce Oliver	:32
86	Katie Roach	:36
87	King Lau	:04:27
88	Ron Brock	:57
89	Rachel Power	:05:43
90	Bob Nowell	:06:38
91	Joyce Witt	:39
92	S. Surratt	:07:19
93	Tom Boyd	:58
94	Jane Lee	:08:44
95	Sushi Breath	:45
96	Uyeno B.	:45
97	Wolfy	:09:41
99	Joyce Warren	:13:14
100	Bernice Brucker-Vincent	:15:52

Self-Timers

Kathryn Von Blankenburg	
Ada Thomas	
Bob Wallace	
Bob Jordan	
Sally Buchmann	
John Mortell	
Ken G. Murray	
Richard Hannon	
The Geezer	
Robert Brizuela	
Phyllis "Saida" Nabhan	
Tim Jones	
Al & Joan Long	48:45
Dave Picariello	1:18:00
Tony Stratta	

KENNEDY DRIVE RUN

4.7 Miles • April 21, 1996
 Presented by Race Directors:
 Marian Lyons & Dottie Borba
 Volunteers: Joe Basile, Ada
 Thomas, Ken G. Murray, Letty
 Garbisch, & Rich Monteleone

Runners

1	Gary Ellis	26:20
2	Pete Nowicki	:41
3	William Galvin	27:53
4	W.N. (William Neil) Morrison	28:40
5	John Weidinger	:50
6	Herman Escajadillo	29:44
7	Jerry McGowan	30:31
8	Mainframe Man	:40
9	Keith O. Johnson	:59
10	Feras Halabi	31:08
11	Andy Niven	:25
12	Tom Bennett	:30
13	Bill Discepolo	32:30
14	Judy Tomsic ①	:32
15	Dave Picariello	:58
16	Gregory Brown	33:11
17	Theo Jones	:14
18	Stephanie Fong ②	:22
19	Keith Nowell	:41
20	Stu Ruth	:51
21	Dennis Watson	34:49
22	Tony McDonagh	:54
23	Moss Prescott	:55
24	Lucy Wing ③	:56
25	Sandra Escajadillo	35:07
26	Michael Smith	:08
27	Ron Dorey	:28
28	Ken Reed	:37
29	Jeff Houston	:38
30	Yvette McGowan ④	:52
31	Dennis Wong	:56
32	George Roach	36:09
33	Elaine Mah ⑤	:13
34	Jim Gallagher	:23
35	Becky Rozewicz	:49
36	Bobby Marty	37:27
37	Amy Crichton	:37
38	Tom Christian	:38
39	Kimberly Rodrigues	38:48
40	Mary Rogers	:49
41	Teresa Schreitmueller	:57
42	Fred Haber	39:26
43	Lucy Payne	40:05
44	Greg Moore	:10
45	Ed Mahler	:15
46	A. Hom	:47
47	Calvin Chan	:50
48	Patrick "Music Man" Lee	:51
49	Nancy Nevin	41:27
50	Dale Nelson	:29
51	Bobby Absolute	:32

52	Bill Woolf	41:51
53	Mort Weisberg	:53
54	Phyllis "Saida" Nabhan	42:38
55	Joe Oakes	43:04
56	Dave Turpin	:09
57	Nick "Aries" Lederer	:41
58	Irv Fishman	44:51
59	Mike Kiser	:53
60	Kate Roach	45:36
61	Andy Edmondson	:48
62	Marty Maricle	46:56
63	Ralph Rivas	47:03
64	Tom Boyd	:07
65	Susan Parres	:10
66	Roxanne G.	48:02
67	Neil Mahoney	:07
68	Graciela Castellero	:07
69	Sandra Seiki	:14
70	Wally Rapozo	49:16
71	Robert Brizuela	50:19
72	Sally Stockbridge	:58
73	Bob Cantwell	51:08
74	Kathryn Von Blankenburg	:08
75	Joan Long	59:20
76	Al Long	:58
77	Judy Golding	1:06:11
78	Annabel Marsh	:06:13

Self-Timers

Bob Gamble Sr.	
Conrad Von Blankenburg	
Mike Taheny	1:06:55
Jackie Taheny	1:06:55
Karish Saulsby	
Sasha Vitomski	57:00
Len Goldstein	
Randy Pioma	
Frank Crabbe	
Liese Rapozo	
Richard Hannon	

Milt Schiffman
 Tim Jones
 Ada Thomas
 Ken G. Murray
 1:01:00



As they say, better late than never. "Sorry for omitting Neil Mahoney from the Little Marina Green Run. But much thanks for the many hours spent slaving away in a hot kitchen baking the St. Patrick's Day Cake. Thanks Neil!"

STU-PEDS
by Stu Ruth

"OK, LISTEN UP, WE'RE GOING TO NEED SOME OF YOU VOLUNTEERS TO RUN IN THE RACE."

RUNNING RESULTS

BEACH ESPLANADE RUN
 5.6 Miles • April 28, 1996
 Presented by Race Director:
 Patrick Regan & Bo Hewitt
 Volunteers: Joe Basile, Charlene
 Schmitz, Don Larsen, Sally
 Buchmann, and Darlene Zane

Kid's Run

1	Jeremy Elsener	3:10
2	Laura Elsener	4:03

Kid's Self-Timers

Kayin wong	4:19
Larek Wong	4:26

Runners

1	Tyler Abbott	31:47
2	Mike Lopez	33:01
3	Gary Ellis	:40
4	Jim Hampton	34:23
5	William Galvin	:45
6	Don Elsener	37:46
7	Tony Arzave	38:10
8	Bob Akers	:31
9	Michelle Holman ①	:38
10	W.N. (William Neil) Morrison	:39
11	Andy Niven	:45
12	Jerry McGowan	:46
13	Keith O. Johnson	:55
14	James Stratta	40:24
15	Dave Picariello	:25
16	Russell Breslauer	:31
17	Judy Tamsic ②	41:21
18	Gregory Brown	43:12
19	Patrick Cunneen	:26
20	Michael Smith	:43
21	John Gregson	:53
22	George Roach	44:10
23	Dennis Wong	:33
24	Julius Ng	:41
25	Mark Scheuer	45:09
26	Sam Roake	46:00
27	Bob Nowell	:07
28	Jeff Houston	:21
29	Rudolph Breland	:22
30	Joan Reiss ③	:27
31	Reid Walden	:52
32	Ken Reed	:54
33	Johanna Merriss ④	47:14
34	Judi Saam ⑤	:38
35	No Card	:56
36	Kathleen Galligan	48:25
37	Amy Crichton	:27
38	Dan Champeau	:48
39	John Elsbree	:52
40	Ed Mahler	:56
41	Bobby Marty	49:11
42	Teresa Schreitmueller	:12
43	Fred Haber	:16
44	Ceis Wildin	50:36
45	Greg Moore	:43
46	Sushi Breath	:55
47	Dave Turpin	51:13
48	Howard Powers	:51
49	Mary Rogers	52:15
50	Joe Oakes	:16
51	Marty Maricle	:46

52	Eric Shackelford	:46
53	Nancy Nevin	:48
54	Dale Nelson	:49
55	Jan Haberzette	53:38
56	Janice Rensch	:39
57	Jane Colman	54:00
58	Katie Roach	55:17
59	Roxanne Gould	56:47
60	Elaine Mah	:48
61	Peter Royce	:50
62	Bruce Oliver	57:08
63	Susan Parres	:27
64	Tani Simpson	:28
65	Sandra Seiki	:43
66	Mike Kiser	:45
67	No Card	58:17
68	Ron Brock	:21
69	Don Watson	:42
70	Sally Stockbridge	1:00:15
71	No Card	:01:16
72	Tom Boyd	:02:40
73	Neil Mahoney	:02:47
74	Frank Evans	:06:01
75	Joan Long	:06:45
76	Al Long	:06:46
77	Judy Golding	:15:09

Self-Timers

Eric Shopes	
Betty Cuneen	
Tony Stratta	1:10:18
John Sullivan	
Ed Olkowski	
Ellen Breslauer	
Janet Scheuer	
Kathry VonBlankenburg	
Conrad VonBlankenburg	
Frank Crabbe	
Amber Piona	
Randy Piona	
Robert Brizuela	
Wally Rapozo	
Liese Rapozo	
King Lau	
Bob Jordan	
Tim Jones	
Ken G. Murray	
Ada Thomas	

SOUTH EMBARCADERO RUN
 Presented by Race Director;
 Ed Mahler & Marian Lyons
 Volunteers: Joe Basile, Judy
 Golding, Bobby Marty, Sally
 Buchmann, & Jeremy Elsener

Kid's Run

1	Jeremy Elsener	3:18
2	Laura Elsener	3:50

Runners

1	Tyler Abbott	34:54
2	Cliff Lentz	35:52
3	Andy Chan-Man	36:28
4	Dan Shore	:36
5	Mike Rossner	37:33
6	Jim Misener	38:10
7	Wayne Plymale	:20

8	Mike Thomas	:39
9	John Weidinger	39:33
10	Irene McLaughlin ①	:43
11	John Sturm	40:10
12	Chris Dabrowski	41:16
13	Don Elsener	:24
14	Ernie Fong	:36
15	Keith O. Johnson	42:25
16	Theo Jones	:53
17	Patrick "Music Man" Lee	43:30
18	Collin Lee	44:04
19	Larry Holder	:19
20	Phil Melman	:34
21	Mitchell Sollod	:41
22	John Herndon	:56
23	No Name	:57
24	Moss Prescott	45:20
25	Andy Niven	:22
26	Lilly Fitzpatrick ②	:42
27	Gary Osborn	46:30
28	Norman Ching	:31
29	Julius Ng	:57
30	George Roach	47:53
31	Ed Mooney	:55
32	Hal McClurf	:58
33	David Leo	:58
34	Sam Roake	48:20
35	Lori Giono ③	49:10
36	Liz Varnhagen ④	:28
37	Bob Nowell	:32
38	David Fong	50:23
39	Steven Lubliner	:31
40	Patrick Reagan	51:30
41	Elaine Mah ⑤	52:31
42	Tim Healow	:32
43	Reichsmarshall Herman Goering	:34
44	Dave Picariello	:59
45	Bobby Marty	53:16
46	Fred Dunn	:25
47	Judi Saam	54:28
48	Irv Fishman	:40
49	John Mortell	:48
50	Ed Mahler	:53
51	Bill Woolf	:44
52	Kristin Ikola	:50
53	Nancy Nevin	:52
54	Dale Nelson	:53
55	Marty Maricle	56:03
56	Dave Turpin	57:04
57	Gary Low	:11
58	Andy Edmondson	:15
59	Jan Haberzette	58:10
60	Fred Haber	:11
61	No Name	59:25
62	Laura Guy	:41
63	Katie Roach	:45
64	Nick "Peace & Love" Lederer	:55
65	Rose Wong	1:00:04
66	Don Watson	1:04:14
67	Joe Oakes	1:04:15
68	Ron Brock	1:07:48
69	Joyce Warren	1:09:56
70	Neil Mahoney	1:11:29
71	Geo Saeco	1:14:36
72	Sylire Less	1:14:45
73	Michelle Guy	1:17:17
74	Annabel Marsh	1:25:00

Self-Timers

Sally Buchmann	
Kathleen Galligan	59:35
Ed Olkowski	
Bob Gamble Sr.	
Diane Wilson	1:23:00
Mike Marty	1:23:00

Bob Jordan	
King Lau	
Ada Thomas	
Ken G. Murray	

RIGHT TO ASSEMBLE RUN
 7.46 Miles • May 12, 1996
 Volunteers: Joe Basile, Ken G.
 Murray, Ada Thomas, Saney
 Edmondson, Gabriel Correa,
 & Richard Hannon

Runners

1	Juan Marquez Torres	42:13
2	Tyler Abbott	42:42
3	Cliff Lentz	
4	Antonio Corgas	
5	Gerardo Gaym	
6	William Galvin	47:51
7	No Name	
8	Mario Johnny Garza	
9	David "Wienie" Moulton	
10	Dick Cordone	50:32
11	Bob Akers	
12	Dick Parker	
13	Theo Jones	
14	Kate Belding	54:19
15	Stu Ruth	
16	No Name	
17	Hashim Bashiruddin	
18	No Name	
19	No Name	
20	Bill Discepolo	
21	Marvin Webb	
22	Mark Satchwell	58:00
23	Reid Walden	
24	Michael Gama	58:54
25	Gregory Brown	
26	No Card	
27	No Name	
28	No Card	
29	Phil Melman	
30	Patrick Cunneen	
31	Paul Mosel	
32	Kevin Lee	
33	Sal Aviney	
34	Nessa Brady	
35	Fred Haber	
36	Becky Rozewicz	
37	Lucy Wing	
38	Bob Nowell	
39	Hal McClurf	
40	Shanti Marie Perkins	
41	Marian Lyons	
42	L.D. Honeycutt	
43	No Card	
44	Bobby Absolute	
45	Tony Wasserman	
46	Ted Vincent	
47	Lori Giono	
48	Bob Dickerman	
49	Rudolph Breland	
50	Lauren Lechner	
51	Chris "Hulaman" Davis	
52	Gianna Antowortz	
53	Mary Rogers	
54	Dave Turpin	
55	John Kun	
56	Ed Mahler	
57	Teresa Schreitmueller	
58	Mike Taheny	:17
59	Greg Moore	
60	Jim Kauffold	
61	Andy Edmondson	
62	Marty Maricle	
63	Janice Rensch	
64	WoPait	
65	Ceis Wildin	

RUNNING RESULTS

WALT STACK TRAIL 5K/25K
May 26, 1996

Presented by Race Director:
Ed Mahler

Volunteers: Bob Wallace, Joan Reiss, Annabel Marsh, Don Larsen, Sandy Baumgarten, Tony Stratta, Letty Garbisch, Andrew O' Driscoll, Danielle Atencio, Marian Lyons, Judy Saam, Judy Tomsic, Bobby Marty, Diane Okubo, Kenneth Fong, Neil Mahoney, Lilly Fitzpatrick, Peggy Kang, Patrick Lee, Jane Lee, Jane Coleman, Jerry Wright, Pat Gunneen, Marty Maricle, Bob Besso, & Joe Oakes

Age Categories

Yellow - Female 39 & under
Orange - Female 40-49
Red - Female 50+
Green - Male 39 & under
Light Blue - Male 40 - 49
Blue - Male 50+

5K Runners

1	Fred "The Red" Haber - green	21:00
2	Paul Mosel - blue	23:12
3	Jim Gallagher	24:16
4	Dale Nelson - blue	:55
5	Peter Nalbauer	25:19
6	Ed Mahler	:50
7	Bobby Marty	:52
8	Ed Baumgarten	26:46
9	Nancy Nevin - orange	27:05
10	Liz Hale	:46
11	Kateri Russ	:48
12	Don Watson	30:13
13	King Lau	31:01
14	Rachel Power	32:03
15	Gloria Johnson - orange	32:12

5K Self-Timers

Bob Gamble Sr.
Mitchell Soliod

25K

A W A R D S

Women 39 and under

- 1 - Mary Hanlon 1:48:10
- 2 - Kim Harbaugh 1:49:51
- 3 - Linda Young 1:58:56
- 4 - Stephanie Fong 2:00:57

Women 40-49

- 1 - Ginny Santos 2:16:31
- 2 - Cynthia C. Eidan 2:20:16

Women 50+

- 1 - Ruth Anderson 2:35:35
- 2 - Lucy Rios 2:44:17

25K

A W A R D S

Men 39 and under

- 1 - Alex Hetherington 1:31:10
- 2 - Antonio Rodriguez 1:35:06
- 3 - David Moulton 1:37:56
- 4 - Jim Misener 1:34:43

Men 40-49

- 1 - Tom Hale 1:32:23
- 2 - Tomassa Nakamura 1:53:44

Men 50+

- 1 - Joe Burgasser 1:45:52
- 2 - Theo Jones 1:52:12

25K Runners

1	Alex Hetherington - age 28	1:31:10
2	Tom Hale - light blue	:32:23
3	Antonio Rodriguez - green	:35:06
4	Professor David Moulton - green	:37:56
5	Jim Misener - green	:39:43
6	Mike Rossner - green	:40:19
7	Todd Barzinger - green	:43:16
8	Joe Burgasser - blue	:45:52
9	William "Galvanic Action" Galvin - green	:46:36
10	Herman Escajadillo - green	:47:18
11	Mary Hanlon - orange	:48:10
12	Hans Williams - green	:53
13	John Bordon - green	:49:00
14	Kim Harbaugh - age 30	:57
15	Steve Neinstein - green	:50:25
16	Theo Jones - blue	:52:12
17	Phillip Montalbano - green	:37
18	Ray Mohrman - green	:41
19	Tomassa Nakamura - light blue	:53:44
20	Rich Mandleur - green	:54:16
21	Dennis Gilyard - age 45	:28
22	Andy Niven - age 49	:50
23	Dick Parker - age 50	:55:07
24	Mike Stafford - light blue	:22
25	Dimitris Sklavopoulos - age 51	:56:05
26	Feras Halabi - age 28	:54
27	Keith O. Johnson - blue	:57:24
28	Linda Young - yellow	:58:56
29	Rodrigo Santos - green	:59:06
30	Gene Elliot - green	2:00:32
31	Gregory Brown - age 46	:47
32	Stephanie Fong - yellow	:57
33	Agustin Cortez - blue	:01:15
34	Judy Tomsic - yellow	:01:34
35	Richard Park - green	:02:21
36	Mark William Gunther - age 39	:03:40
37	Cathy Domanski - yellow	:03:58
38	Nick Hanslowe - age 38	:04:23

39	David Plank - green	2:05:40	103	Ed Hackbush - age 60	2:43:33
40	Mark Satchwell - 43	:55	104	Frank Rodriguez - age 71	:35
41	Ron Dorey - green	:06:49	105	Lucy Rios - red	:44:17
42	John Hanlon - 41	:07:15	106	Hanna Szoke - red	:46:08
43	Donna Bordon - yellow	:08:17	107	Marty Eppenberger - orange	:40
44	Pierre Chan - green	:09:29	108	Tom Eppengerger - light blue	:41
45	Julia Kelly Bosma - yellow	:10:29	109	Wendy Nortunen - yellow	:47:51
46	Patrick Reagan - green	:35	110	Pat Wellington	:49:01
47	Lucy Wing - yellow	:11:31	111	Elaine Koga - red	:11
48	Bob Nowell - light blue	:57	112	Brenda Macgregor - red	:21
49	Linn Malaznik - light blue	:12:03	113	Doug Macgregor - light blue	:22
50	Ruth Gertmenian - Wong age 38	:06	114	Andy Edmondson - blue	:50:47
51	Jocelyn Charbonneau - green	:48	115	No Card	:51
52	Bill Fitzgerald - light blue	:13:10	116	Mary C. - red	:56:19
53	Tom O'Haire - blue	:32	117	No Card	3:00:11
54	Mark Jacobs - green	:15:08	118	Graciela Castellero	:05:23
55	George Roach - blue	:22	119	Wally Rapozo - blue	:25
56	Running Weeny - green	:16:22	120	No Card	:13:47
57	Ginny Santos - orange	:31	121	Robert Brizuela - blue	:48
58	Bobby Absolute - age 56	:46	122	John Elsbree - light blue	:19:13
59	Greg Moore - green	:18:57	123	Salvaje - 49	:14
60	Jeff Houston - green	:19:11	124	Ron Brock - light blue	:45
61	Lynn Whitlow - yellow	:18	125	No Card	:50
62	Jeff Renfro - green	:20	126	No Card	:32:23
63	Cynthia Eidan - orange	:20:16			
64	Tom Roach - green	:32			
65	Moss Prescott - green	:46			
66	No Card	:21:08			
67	Allen Butstein - blue	:22:05			
68	Richard Thomas - age 67	:07			
69	Larry Gray - light blue	:28			
70	Tammy Hedberg - yellow	:31			
71	Jonas Hedberg	:32			
72	Ravi Gadhia - green	:23:50			
73	Rob Kay - light blue	:24:37			
74	Bill Woolf - blue	:25:17			
75	Tim Healow - light blue	:23			
76	Ray Decker - green	:26:01			
77	Gary Toji - age 73	:35			
78	Dee Standley - orange	:56			
79	Cedric Chinn - light blue	:27:03			
80	Mark Hamilton - age 39	:26			
81	Wendy Burgasser - age 43	:28:15			
82	Mort Weisberg - blue	:21			
83	Peter Royce - blue	:29:29			
84	Warrener F. Paik - blue	:31:05			
85	L.D. Honeycutt	:10			
86	Debby Smith	:26			
87	William Ong - green	:38			
88	Victor S. - age 28	:39			
89	Richard Bolton - light blue	:32:34			
90	Mary Rogers - orange	:33:17			
91	Chris Davis - light blue	:21			
92	John Blankenship - blue	:34:09			
93	Ruth Anderson - red	:35:35			
94	Abe Szoke - blue	:38			
95	Jen Haase - yellow	:36:51			
96	No Card	:59			
97	Bob Cantwell	:37:37			
98	Calvin Hom - light blue	:41:12			
99	Rick Norkin	:45			
100	John Kun	:42:11			
101	William Prescott - blue	:43:18			
102	Tom Browne - age 63	:28			

Self-Timers

Bob Jordan
Ada Thomas - age 82
Kathryn Von Blankenburg 3:16:47
Ken G. Murray - blue
Liese Rapozo - red 3:29:51

PRACTICE DIPSEA

6.8 Miles • June 2, 1996

Race Director: John Blankenship
Volunteers: Rick Shea, Ken Murray, Richard Hannon, Penny Rayas, Nadine Reiss, & Collin Lee

Runners

1	Glen Redpath	:50:48
2	John Lundy	:52:07
3	Sam Vanleer	:55:43
4	Tom Hale	:44
5	Eric Ellisen	57:04
6	Will Aarsheim	58:08
7	Professor David Moulton	1:00:18
8	Matt Pasewark	:54
9	Mike Rossner	:55
10	Roy Kissin	:01:52
11	Joe Naughten	:03:04
12	Diane Peterson ①	:21
13	John Kammeyer	:04:27
14	Jamie Wendel ②	:38
15	Mark B. Miller	:05:50
16	Andy Morrison	:06:01
17	Bob Miller	:23
18	George Foreman	:35
19	Mark Byers	:08:05
20	No Card	:09:21
21	Adam Innes	:10:29
22	David McEwen	:32
23	Philip Lawton	:11:12
24	Philip Ginsburg	:13
25	No Card	:13
26	Geordie Hawkins	:14
27	Mark Satchwell	:14
28	Don Elsener	:22

Practice Dipsea Cont.

29 Collin Lee 1:11:25
30 Kristine Barrios ⑨ :26
31 Michael Pallmann :27
32 Jak Churton :28
33 No Card :30
34 Douglas Blanckensee :37
35 No Card :59
36 Sam Reiter :12:11
37 Laurin Beckhusen :21
38 Brad Berglund :26
39 Terry Parks :58
40 No Card :58
41 No Card :13:07
42 Mitchell Sollod :08
43 Jim Morris :19
44 Val Sakovich :33
45 Fred Haber :35
46 John Dugan :56
47 Keith Nowell :56
48 Tom Berns :14:14
49 Patrick F. Cunneen :24
50 Michael J. Cordero :16:04
51 Lou Penelli :08
52 John McLaughlin :25
53 Jay Jacobson :36
54 No Card :17:08
55 No Card :21
56 No Card :22
57 No Card :25
58 Lilly Fitzpatrick ④ :18:37
59 Judy Tomsic ⑤ :59
60 John Kun :19:12
61 Pat Wong :14
62 Christian Wong :18
63 Jeff Houston :43
64 No Card :44
65 Harry Pirinjian :48
66 Lou Fleming :51
67 Geoffrey B. Sears :54
68 Jim Collins :20:31
69 Dimitris Sklavopoulos :50
70 Peter Mandell :53
71 Michael Murphy :21:16
72 Joel Weber :21
73 Jan Hampshire :21
74 Paulina Otmar :33
75 Amy Ford :22:14
76 Noe Barrios :45
77 Erland Jensen :51
78 Martin Cappitelli :52
79 No Card :23:50
80 Rick Shea :24:46
81 Ken Reed :25:50
82 No Card :26:00
83 Gene White :02
84 No Card :27:18
85 Naphtali Offew :19
86 Becky Rozewicz :28:23
87 No Card :36
88 Irvin Taputuarai :43
89 Greg Heckecher :44
90 Judy Saam :45
91 Peter Royce :29:35
92 Mellani Williams :43
93 Sims :44
94 Shanti Marie Perkins :54
95 Ken Tran :57
96 Marty Maricle :30:09
97 Lessley Anderson :31:10
98 No Card :23
99 L.D. Honeycutt :25
100 Shauna Sweeney :27
101 Mike Pechner :46
102 Pat Magee :47
103 Pat Cunneen :33:20
104 No Card :20
105 No Card :24
106 Carolyn Passmore :46

107 Emily Van Buskirk 33:46
108 No Card 34:05
109 Michael Sweeney :20
110 Ed Mahler :22
111 Greg Moore :23
112 John Weber :35
113 Robert Fong :36
114 Betsy White :54
115 No Card :57
116 No Card :57
118 No Card :35:28
119 Denise Valkema :36:25
120 Bobby Marty :30
121 No card :58
122 David Cohen :59
123 Patrick "Music Man" Lee :37:23
124 Kristin Wong :23
125 Greg Wegrich :25
126 Ken Sharpe :50
127 Teresa Schreitmuller :39:43
128 Mike Taheny :41:57
129 Dick Collins :58
130 No Card :42:31
131 No Card :43:12
132 No Card :29
133 Tani Simpson :30
134 Connie Chandler :43
135 Ted Vincent :44:45
136 Kaleen Wong :54
137 Don Watson :55
138 Nick "Peace & Love" Lederer :45:02
139 Salvaje :50:35
140 Bob Towler :47
141 Rudolph V. Breland :52:56
142 Jim Kambur :57
143 Ferris Thompson :57:50
144 Priscilla Lang **2:07:50**
145 Alan Konechy :52
146 Gloria Johnson :09:08
147 Bob Jordan :10
148 No Card :15:02
149 Bernice Brucker-Vincent :20:28

POLO FIELD • 5K • June 9, 1996
Race Directors: David Pelavin & Jackie Wilson
Volunteers: Joe Basile, Marian Lyons, Letty Garbisch, Don Larsen & Darlene Zane

Runners
1 William "Galvanic Action" Galvin 17:30
2 Jim Hampton 17:44
3 Conor Flynn **18:07**
4 W.N. (William Neil) Morrison 18:14
5 R. Guerrero 18:51
6 John Weidinger 18:59
7 Heliodoro P. Perez **19:24**
8 Steven R. Deschler 19:45
9 George Rehmet **20:00**
10 Tony Arzave 20:01
11 Bill Discepolo 20:05
12 Tony McCarthy 20:07
13 Robin Lie 20:17
14 Theo Jones 20:28
15 Andy Niven 20:29
16 Patrick "Music Man" Lee 20:42
17 Tom Ager **21:06**
18 Russell Breslauer 21:07
19 Mike Locey 21:54
20 Andrew O. Driscoll **22:00**
21 Stephanie Fong ① 22:04

22 Paul Mosel 22:11
23 Ed C. Olbowski 22:29
24 Ron Dorey 22:35
25 Harold Heringhi 22:38
26 John Gregson 22:40
27 Jeff Houston 22:42
28 Ellen Kuta ② 22:45
29 Ed Mooney **23:05**
30 Frank "Mickey" Hearnp 23:11
31 Jim Gallagher 23:19
32 Sam Roake 23:50
33 Lucy Payne ③ **24:08**
34 Melissa Alves ④ 24:14
35 Liz Varnhagen ⑤ 24:14
36 Irv Fishman **25:05**
37 Mort Weisberg 25:12
38 Joe Oakes 25:21
39 Jan Haberzette 25:37
40 Andy Edmondson **26:00**
41 Rudolph V. Breland 26:07
42 Jack Halton 26:12
43 Janice Rensch 26:19
44 Ceis Wildin 26:20
45 Irvin Taputuarai 26:44
46 John Lang 26:49
47 Nancy Nevin 26:54
48 Dale Nelson 26:54
49 Jack Bettencourt **27:18**
50 Nick "June Bug" Lederer 27:29
51 Marty Maricle 27:38
52 Tom Z. 27:39
53 Calvin Chan **28:03**
54 Ted Vincent 28:06
55 No card 28:08
56 Ralph Rivas 28:10
57 Ruth Fisk **29:09**
58 Don Watson 29:30
59 No Card **31:01**
60 Ursula Bernhart 31:16
61 Kim Shea 31:19
62 Doreen Malaspina 31:20
63 Jane Colman 31:33
64 Reid Walden 31:34
65 Wally Rapozo 31:35
66 Jim Hentz 31:57
67 Tom Boyd **33:19**
68 Gabe Correa 33:20
69 Kathryn Von Blankenburg 33:27
70 Bobby Marty **34:08**
71 Ed Mahler 34:09
72 Neil Mahoney 34:10
73 Bernice Brucker-Vincent **35:27**
74 Ron Wallace 35:51
75 Judy Golding **39:17**
76 Annabel Marsh 39:19

Self-Timers
Conrad Von Blankenburg 50:04
Ed M. Olkowski
Bob Wallace
Marie Utzig
King Lau
Ellen Breslauer
Charlene Schmitz
Bob Jordan
Frank Crabbe
John Sullivan
Liese Rapozo
Milt Schiffman
Ken G. Murray 36:02
Ada Thomas
Bob "Geezer" Theis

PRESIDIO GATE
3.3 Miles • June 16, 1996
Race Director: Theo Jones
Volunteers: Sally Ann Buchmann, Letty Garbisch, Marian Lyons, Don Larsen, Jason Wong, & Neil Mahoney

Kid's Run
1 Jeremy Elsener 3:20
2 Kerry Grady 3:33
3 Laura Elsener 3:35
4 Zarek Wong 3:41
5 Kayin Wong 4:45

Runners
1 Cliff Lentz 17:37
2 Dan Shore 17:45
3 Tyler Abbott 17:57
4 Michael Gama **18:30**
5 Gary Ellis 18:36
6 Professor David Moulton **19:16**
7 Pete Nowicki 19:32
8 Antonio Cargas 19:41
9 W.N. (William Neil) Morrison **20:05**
10 Kevin Grady **21:01**
11 Don Elsener 21:25
12 James Stratta 21:47
13 Collin Lee 21:50
14 Jerry McGowan 21:54
15 No Card 21:57
16 Keith O. Johnson 21:59
17 Patrick "Music Man" Lee **22:12**
18 Steve Lawton 22:24
19 Dave Picariello **23:00**
20 Thomas Grey 23:12
21 Mark Scheuer 23:35
22 Stephanie Fong ① 23:44
23 Norman Ching 23:51
24 Gregory Brown 23:55
25 Russell Breslauer **24:09**
26 Bob Nowell 24:28
27 David Fong 24:55
28 Harold Heringhi **25:08**
29 No Card 25:25
30 John Gregson 25:43
31 Dennis Wong **26:09**
32 Kelly Murphy ② 26:12
33 Bobby Marty **27:01**
34 Tim Healow 27:20
35 Kimberly Rodrigues ③ 27:23
36 Ceis Wildin ④ 27:31
37 Andy Edmondson **28:05**
38 Bobby Absolute 28:09
39 Nancy Nevin ⑤ 28:17
40 Dale Nelson 28:19
41 Mike Taheny 28:24
42 Joe Oakes 28:25
43 Jan Haberzette 28:39
44 Ed Mahler **29:24**
45 Patty Sawdon 29:25
46 Tom Z. 29:35
47 Salvaje 29:48
48 Raymond Lee **30:00**
49 Stefan Savage 30:45
50 Ruth Fisk **31:02**
51 ?? 31:06
52 Jim Hentz 31:28
53 Marty Maricle 31:42
54 Terri Watson 31:47
55 Jack Halton **32:17**
56 Frank Evans 32:37
57 Jeanie Taylor 32:44
58 Rachel Power **33:08**
59 Fred Haber 33:09

Single Muni Pier Run Cont.

14	Jim Gallagher
15	Marvin Webb
16	Dennis Wong
17	Jan Habertzelle
18	Fred Haber
19	Nancy Nevin
20	Dale Nelson
21	Jeremy Elsener
22	Stewart Bennett
23	Spike
24	Kate Parun
25	Linda Nowell
26	Albert Niven

Double Muni Runners

1	Gerardo Gay Mendoza	12:28
2	Michael Gama	12:40
3	Conor Flynn	13:29
4	Jim Misener	13:44
5	John Weidinger	14:06
6	Feras Halabi	14:06
7	No Name	14:22
8	Jerry McGowan	14:35
9	Phil Melman	14:59
10	Dick Parker	15:00
11	Keith Nowell	15:15
12	Patrick "Music Man" Lee	15:23
13	D. Picariello	15:41
14	Gregory Brown	16:18
15	Peter Holmes	16:44
16	No Card	17:05
17	George Roach	17:17
18	Lucy Payne ①	17:19
19	Peter Royce	17:23
20	Kara Long ②	17:43
21	Kimberly Rodrigues ③	18:10
22	Bobby Marty	18:24
23	Marty Kerbleski	18:43
24	Ed Mahler	19:36
25	Ila Payne-Dwyer ④	19:39
26	Barbara Robben ⑤	19:48
27	Judith Long	19:59
28	Claire Abe	20:05
29	John Abe	20:06
30	Marty Maricle	20:06
31	Bobby Absolute	20:17
32	Nick "Peace & Love" Lederer	20:18
33	Anna Henry	20:31
34	Bill McGowan	21:10
35	Mort Weisberg	21:19
36	Bill Woolf	21:27
37	Rich Monteleone	21:28
38	Jim Hentz	21:29
39	Don Watson	21:33
40	King Lau	21:56
41	Bruce Oliver	22:18
42	Kathryn VonBlankenburg	22:19
43	Jane Colman	23:04
44	Neil Mahoney	23:59
45	Lucky McGowan	24:55
46	Joan Long	25:46
47	Al Long	25:50
48	Conrad VonBlankenburg	25:50
49	Charlene Schmitz	27:30
50	Tony Stratta	28:10

Self-Timers

Mary Benmon
John Kinch
Bob Wallace
Richard Hannon
Bob Jordan (Double)
Ada Thomas
Ken G. Murray

DALY CITY SCENIC RUN
6.8 Miles • July 14, 1996
Race Directors: Mike Kiser & Ceis Wildin
Volunteers: Joe Basile, Patrick Lee, & Jane Lee

Runners

1	Cliff Lentz	40:26
2	Antonio Corgas	41:16
3	Jim Misener	45:00
4	Tony "Return of Fat Man" Varnhagen	48:06
5	Jery McGowan	48:51
6	W.N. Morrison	50:12
7	Collin Lee	50:29
8	Keith O. Johnson	50:45
9	Gerardo Gay Mendoza	51:04
10	Keith Nowell	51:34
11	Jeff White	52:26
12	Jane Brett	52:57
13	Mark Swanson	53:28
14	Greg Moore	54:19
15	Liz Varnhagen	57:19
16	Kenneth Fong	57:37
17	Jeff Houston	57:54
18	Jim Gallagher	58:31
19	Peter Caldwell	59:41
20	Frank Hunt	1:01:25
21	Tom Boyd	1:12:06
22	Brian Oliver	1:13:20
23	Don Watson	1:14:17
24	Jane Colman	1:15:13
25	Diane "Spike" Okubo	1:21:46
26	Graciela Castillero	1:22:04

Self-Timers

The Geezer
Sandra Seiki

WINDMILL RUN
6.5 Miles • July 21, 1996
Race Director: Neil Mahoney
Volunteers: Joe Basile, Myra Green, Ceis Wildin, Marty Kerbleski, Sally Ann Buchman, Cliff Lentz, & Richard Hannon

Kid's Run

1	Jeremy Elsener	4:09
2	Laura Elsener	4:22

Runners

1	Gerardo Gay Mendoza	37:23
2	Conor Flynn	37:55
3	Tony Fong	38:07
4	Pete Nowicki	38:48
5	Manny Berston	38:54
6	Ranty Good Arrow	40:44
7	John Stanley	40:56
8	W.N. Morrison	42:17
9	The Fatman	42:58
10	Jerry McGowan	43:20
11	Larry Wuerstle	44:10
12	Pat Lennon (Garden City Joggers England)	44:38
13	Steve Lawton	44:53
14	Don Elsener	44:56
15	Brian Judge	45:16
16	Keith Nowell	45:33
17	Joe Kaniewski	46:02
18	Stuart Ruth	46:37
19	Moss Prescott	47:43
20	Paul Mosel	47:53
21	Gary Osborn	47:54
22	Kenneth Fong	47:55
23	Tom Fox	47:59

24	Mark Satchwell	48:03	64	Dave Picariello	58:51
25	Frank Ribeiro	48:19	65	Alex Zvoleff	59:19
26	Danielle Herrerias ①	48:26	66	Patty Sawdon	59:48
27	Gregory Brown	48:55	67	Ed Mahler	59:48
28	Harold Heringhi	49:18	68	Vern Zvoleff	1:02:00
29	Denise Leo ②	49:42	69	Brenda MacGregor	1:03:04
30	David Leo	49:42	70	Doug MacGregor	1:03:05
31	Norman Ching	49:51	71	Bruce Oliver	1:04:04
32	Sam Roake	49:59	72	Ralph Rivas	1:04:17
33	Jim Gallagher	50:07	73	Tom Boyd	1:04:41
34	Sandra Birnbaum ③	50:25	74	Don Watson	1:04:54
35	Harry Cordello	50:29	75	No Name	1:06:06
36	George Baptista	50:29	76	Ron Brock	1:06:09
37	"Birthday" Bob Nowell	51:00	77	Clarissa Lynn	1:06:27
38	Jeff Houston	51:14	78	Claire Abe	1:06:27
39	Anthony Diluzio	51:45	79	B. Bo Hewitt	1:06:40
40	Glen D. Weirick	51:46	80	Jane Colman	1:07:03
41	Peter Royce	51:59	81	Patrick "Music Man" Lee	1:07:05
42	Alan Konecny	52:16	82	Elaine Sierra	1:07:20
43	Tony Wasserman	52:23	83	John Diluzio	1:07:23
44	Symphony Levine	52:41	84	Kathryn Von Blankenburg	1:07:30
45	John Abe	52:51	85	Robert Brizuela	1:07:30
46	Michael Smith	53:36	86	Spike	1:11:41
47	Ross Franco	53:43	87	Mike Kiser	
48	Stephanie Schwartz ④	54:33			
49	Joe Oakes	54:37			
50	Bobby Marty	54:38			
51	Teresa Schreitmuller ⑤	54:43			
52	Suzanne Franco	55:50			
53	Wendy Newman	55:53			
54	Bobby Absolute	56:17			
55	Sharon Melmon	56:19			
56	Nancy Nevin	57:06			
57	Dale Nelson	57:07			
58	Bill Woolf	57:37			
59	John Mortell	58:03			
60	Andy Edmondson	58:08			
61	Tim Healow	58:18			
62	Baptista Kiiko	58:23			
63	Shirley Taylor	58:40			

Self-Timers

Tony Stratta	1:18:36
Bob Gamble Sr.	
Annabel Marsh	
Judy Golding	
Sandra Seiki	
Frank Crabbe	
The Geezer	
Bill McGowan	
Richard Hannon	
Ada Thomas	
Ken G. Murray	
Bob Jordan	



Race Results

GOLDEN GATE BRIDGE VISTA RUN 5.04 Miles July 28, 1996

Presented by Race Director: Joe Oakes
Volunteers: Joe Basile, Darlene Zane, Reid Walden, Calvin Chan & Sheena Chan

Runners

1	Tyler Abbott	28:12
2	Antonio Corgas	29:37
3	Conor Flynn	29:53
4	Pete Nowicki	38:48
5	Jim Misener	31:21
6	Randy Guerrero	32:10
7	W.N. Morrison	33:49
8	The Fatman	35:20
9	Jerry McGowan	35:24
10	Pat Lennon (Garden City Joggers England)	35:42
11	Judy Tomsic	36:16
12	Paul D. Kaminski	36:26
13	Moss Prescott	26:28
14	Tomassa Nakamura	37:18
15	Pat Cullinan	37:21
16	David Lent	37:51
17	Hal McClure	38:02
18	Gregg Ramsey	38:24
19	Dave Picariello	38:29
20	Mitchell Sollod	38:41
21	Gregory Brown	38:45
22	Greg Moore	39:05
23	Gary Osborn	39:15
24	Jeff Houston	39:59
25	Harold Heringhi	40:33
26	Tony McDonagh	41:03
27	Sam Roake	41:24
28	No Card	41:57
29	Rachel Imison	42:46
30	Kathy Burke	43:07
31	Tim Healow	43:56
32	Ed Mahler	44:45
33	Gretchen Hoffman	44:59
34	Michael Smith	45:06
35	John Mortell	45:15
36	Irvin Taputuarai	45:19
37	Peter Royce	45:19
38	Kelly Murphy	45:26
39	Bobby Marty	45:27
40	Jack Bascom	45:55
41	Gary Low	46:13
42	Tom Waituran	46:40
43	Bill Woolf	46:43
44	Rose Wong	46:44
45	Al Blitstein	46:55
46	Andy Edmondson	47:05
47	Ronald W. Leeflaug	47:23
48	Richard Thomas	47:27
49	Julie Daniels	47:39
50	Marty Maricle	48:02
51	Bridgette Massey	48:20

52	Christy Daniels	48:34
53	Don Watson	48:42
54	Jane Colman	48:59
55	Edwin Dunn	49:11
56	Jack Bettencourt	50:46
57	No Name	51:35
58	King Lau	52:24
59	Tom Boyd	53:00
60	Kathryn Von Blankenburg	53:10
61	Ursula Bernhart	54:39
62	Bruce Oliver	54:44
63	Frank Evans	54:51
64	Ron Brock	55:00

Self-Timers

Conrad Von Blankenburg
Patrick Lee
Eric Shopes
Ken G. Murray
Bob Jordan
Ada Thomas
Richard Hannon
Al Long
Joan Long
Bob Gamble Sr.
Ann Harrington
"Beat Neil M"
Neil Mahoney

1:11:00

"WHERE THE HELL IS BRISBANE" 5.6 Miles • August 4, 1996

Race Directors: Henry & Priscilla Black, and Mike Kiser
Volunteers: Darlene Zane, Reid Walden, Marian Lyons, & Don Larsen

Runners

1	Peter Lunny	28:30
2	Jim Misener	28:45
3	John Kammeyer	29:53
4	Rodney Jeung	31:29
5	The Fatman	31:50
6	Dick Parker	32:11
7	Andy Niven	32:41
8	Collin Lee	32:59
9	Keith O. Johnson	33:20
10	Mark Scheuer	33:26
11	Erik Escarraman	33:28
12	Mitchell Sollod	33:32
13	Bob Cullinan	34:06
14	Gregory Brown	34:29
15	Russell Breslauer	34:58
16	Patrick F. Cunneen	36:12
17	Michael Smith	36:45
18	Mort Weisberg	38:13
19	Kathleen Galligan	38:15
20	Rachel Imison	38:34
21	Marty "Flag Man"	
	Kerbleski	38:39
22	Frank Hunt	38:47
23	Bobby Marty	40:30
24	Ed Mahler	41:11
25	Ronald W. Leeflaug	41:23
26	Andy Edmondson	41:49
27	Patrick "Music Man" Lee	42:34
28	Joe Oakes	43:03
29	John Mortell	45:34

30	Augie Perez	45:34
31	Anthony Diluzio	46:36
33	King Lau	47:05
34	Ursula Bernhart	49:13
35	Calvin Chan	49:28
36	Tom Boyd	51:58
37	Elaine Mah	55:18
38	Neil Mahoney	56:14
39	Geo Siseeo	59:12
40	Richard Finley	59:13

Self-Timers

Ellen Breslauer
Janet Scheuer
Pauline Dake
Bill Dake
Rich Monteleone
Ed Olkawski
The Geezer
Tony Stratta
Ada Thomas
Marian Lyons
Ken G. Murray

47:30

RAINBOW FALLS 5K August 11, 1996

Race Director: Ken Reed
Volunteers: Joe Basile, Letty Garbisch, Patrick Lee, David Shackelford, Darlene Zane, Reid Walden, Richard Hannon, Lucy Wing, & Ceis Wildin

Runners

1	Tyler Abbott	15:52
2	Antonio Corgas	16:07
3	Pete Nowicki	16:15
4	Cliff Lentz	16:24
5	Gary Ellis	16:28
6	Andy Sobozonsky	16:40
7	Jim Misener	16:47
8	John Spriggs	16:51
9	John Kammeyer	16:57
10	Scott Taylor	17:00
11	Tom Fox	17:39
12	Ian Mileo	18:06
13	Chris Arnold	18:10
14	Peter Hsia	18:13
15	Mark Herrera	18:22
16	Heliodoro P. Pérez	18:28
17	The Fatman	18:30
18	Kevin S. Miller	18:31
19	Don Elsener	18:41
20	Andy Niven	18:52
21	Keith O. Johnson	18:54
22	Jerry McGowan	18:59
23	Jill Cartwright	19:08
24	Mark Scheuer	19:26
25	George Rehmet	19:27
26	No card	19:36
27	Tim Tendick	19:46
28	Phil Melman	19:50
29	Michelle Muela	19:56
30	Linda Braly	20:04
31	Robert Miller	20:07
32	Judy Tomsic	20:13
33	Michael Mosphy	20:30
34	Tim Tuff	20:32
35	Stephanie Fong	20:37
36	Hashim Bashroddin	20:43
37	Mickey Hearne	20:50

Self-Timers

Henry Black
Janet Scheuer
Rocky the Wonder Dawg
Tony Stratta
Kathryn Von Blankenburg
Conrad Von Blankenburg
Judy Golding
Liese Rapozo
Frank Crabbe
S.A. Buchmann
Richard Hannon
Bob Jordan
Ken G. Murray
Ada Thomas
The Geezer
Michae Marty
Diane Wilson

1:03:00
1:04:00

DSE MEMORIAL RUN

4.5 Miles

August 25, 1996

Volunteers: Joe Basile, Letty Garbisch, Marian Lyons, Calvin Chan and Don Larsen.

RUNNERS

1. Gerardo Gay	24:20
2. Jerry Lee	25:31
3. Conor Flynn	26:27
4. Dick Parker	28:25
5. George Rehmet	28:56
6. Tony Arzave	29:08
7. Andy Niven	30:01
8. Phil Melman	30:33
9. Hashim Bashiruddin	30:55
10. W.N. Morrison	30:58
11. Paul Mosel	31:07
12. No Card	31:14
13. Steve Balentine	31:15
14. Kimberly Rodrigues	31:23
15. Tony McDonagh	31:30
16. Patrick F. Cunneen	32:13
17. Tomassa	32:35
18. Patrick Lee	32:36
19. Ken Reed	32:57
20. Harold Heringhi	33:02
21. Lucy Wing	33:04
22. Ed Mooney	33:09
23. Bob Besso	33:18
24. Sam Roake	33:28
25. Ron Dorey	33:31
26. Greg Moore	33:37
27. Marvin Webb	33:43
28. Bob Nowell	33:46
29. Stuart Ruth	33:50
30. Jeff Houston	34:01
31. Bill Capron	34:04
32. Peter Royce	34:45
33. Bobby Absolute	34:59
34. Marty Kerbleski	35:08
35. Oakes	35:31
36. Patrick Reagan	35:46
37. Bobby Marty	36:00
38. Ed Mahler	36:44
39. Joan Reiss	36:58
40. Doerte Murray	37:08
41. Frank Hunt	37:11
42. Ceis Wildin	37:43
43. Bob Arzave	38:54
44. Ted Vincent	39:04
45. Wendy Newman	39:16
46. Irvin T.	39:18
47. Andy Edmondson	39:52
48. Art Dlugach	40:11
49. Ron Brock	40:17
50. Ruth Fisk	41:33
51. Lowell Caughron	41:48
52. Ed Murray	42:44
53. Sandra Capron	43:55
54. Jessica Arzave	44:38
55. Marty Maricle	45:21
56. Kathryn Von Blankenburg	46:39
57. Ursula Bernhart	46:40
58. Wally Rapozo	47:11
59. Will Woolf	47:13
60. Wilhelm Yee	47:29
61. Frank Evans	48:48
62. Neil Mahoney	48:49
63. Joan Long	51:34
64. Al Long	51:35
65. Bernice Brucker-Vincent	52:19

SELF TIMERS

Robert Gamble, Sr.
Robert Gamble
Ada Thomas
Milt Schiffman
Liese Rapozo
Richard Hannon
Bob Jordan
King Lau
The Geezer
Sandra Seiki
Bill Dake
Judy Golding
Annabel Marsh
Sandy Edmondson

ROLLER COASTER RUN

2.92 Miles

September 1, 1996

Race Director: Joe Oakes
Volunteers: Joe Basile, Don Larsen, Ken G. Murray, Sally Buchmann, Myra Green, Judy Tomsic and Richard Hannon.

Times shown are handicap times.
To determine actual running times, use times shown:
(Subtract 3 minutes if between 40 - 60).
(Subtract 6 minutes if below 40).

KID'S RUN

1. Jeremy Elsener	3:01
2. Grace Roberts	3:05
3. Laura Elsener	3:06
4. Frickey? u hat? 10 yrs. old	3:06
5. Michael Szeto	4:05
6. Jacob Gleason	5:52
7. Brendon Montana	5:57
8. Kyle Filmore	N/A

RUNNERS

1. Jim Hampton	20:55
2. Dave Waco	21:18
3. Dave Muelg	21:27
4. Patrick F. Cunneen	21:37
5. Gerardo Gay	21:47
6. Ed Mooney	22:16
7. Tyler Abbott	22:45
8. Larry Wuerstle	22:50
9. Andy Niven	23:02
10. Don Elsener	23:08
11. Conor Flynn	23:12
12. Peter Royce	23:13
13. Keith O. Johnson	23:28
14. Dick Parker	23:37
15. John Gregson	23:43
16. John Spriggs	23:46
17. Daniel H.	23:50
18. Ben Fields	23:51
19. Jeremy Lyns	23:58
20. John Abe	24:01
21. Paul Mosel	24:12
22. B. Mitchell Sollod	24:33
23. Patrick Lee	24:36
24. Rob Miller	24:37
25. The Fatman	24:58
26. Tony Arzave	25:00

27. Bobby Marty	25:15
28. Lisa Colley	25:22
29. Harold Heringhi	25:41
30. Bob Nowell	25:43
31. Liz Varnhagen	25:53
32. Joe Oakes	26:01
33. Mary Gleason	26:20
34. Doris Segner	27:13
35. W.N. Morrison	27:15
36. Jeff Hawley	27:20
37. Bob Cantwell	27:22
38. Hashmin Bachiruddin	27:31
39. Michelle Muela	27:35
40. B. Oliver	28:02
41. Ed Mahler	28:31
42. Jeff Houston	28:05
43. Francois Larniere	28:42
44. Bill Woolf	28:48
45. Dick Collins	28:50
46. Lucy Wing	29:00
47. Irv Fishman	29:03
48. Nancy Nevin	29:05
49. Dale Nelson	29:09
50. David Fong	29:16
51. Joan Reid	29:16
52. John Takeoka	29:44
53. Andy Edmondson	30:19
54. NO CARD	30:21
55. Lou Fields	30:22
56. Ralph Rovas	30:38
57. Bob Besso	30:44
58. Nick 'Labor Day' Lederer	30:47
59. Kelly Murphy	31:03
60. B. Bo Hewitt	31:19
61. Elaine Koga	31:43
62. Kathryn Von Blankenburg	32:14
63. Neil Mahoney	32:30
64. Joan Long	32:46
65. DA Crock	33:01
66. Teresa Schreitmueller	33:14
67. Ursula Bernhart	33:15
68. Kevin Murano	34:03
69. Dina Kovash	35:00
70. Tim Oliver	35:05
71. Albert Niven	35:59
72. George Sacco	36:12
73. Robert Gamble Jr.	37:14
74. C. Von Blankenburg	37:36
75. Rick Camponuevo	38:10
76. NO CARD	38:52
77. Jane Miller	38:57
78. Debby Bellingham	39:03
79. Bill Robinson	39:22
80. NO CARD	39:23

SELF TIMERS

Ada Thomas
Ken G. Murray
Richard Hannon
Tony Stratta 40:38
Bob Gamble Sr. 44:48
Ed Olkowski
Frank Crabbe
Peter/Rachel Webb
Judith Webb
Bob Jordan
Milt Schiffman
Bob Theis
Sally Buchmann

BEACH ESPLANADE RUN

5.4 Miles

September 8, 1996

Race Director: Andy Chan

Volunteers: Joe Basile, Rachel Wilson, Ron Yu, Long Doan, Raymond Yu, Fitchie Jong, John Gieng, Marian Lyons, Collin Lee, and Tony Varnhagen.

RUNNERS

1. Tyler Abbott	31:16
2. James McLaren	32:54
3. Cesar M. Guillen	33:23
4. Mike Rossner	33:36
5. Jim Miesener	33:52
6. ?? Vul B. Ehlert	35:19
7. Richard Garro	36:29
8. Dick Parker	36:51
9. Andy Niven	37:12
10. Keith O. Johnson	37:58
11. George Baptista	38:39
12. Jeff Hawley	38:58
13. Patrick Lee	39:16
14. Peking Duck	39:34
15. Richard Siciliano	39:47
16. Russell Breslauer	39:51
17. Gregory Brown	40:00
18. Paul Mosel	40:15
19. Judy Tomsic	40:23
20. Tomassa	41:25
21. John Abe	41:45
22. Bob Besso	42:01
23. Sam Roake	43:48
24. Liz Varnhagen	43:59
25. Lucy Wing	44:01
26. Harold Heringhi	44:28
27. Marian Lyons	44:35
28. John Healy	44:53
29. Tony Wasserman	45:16
30. Ninetta Violante	45:33
31. Kimberly Rodrigues	46:05
32. Bobby Absolute	46:05
33. Bobby Marty	48:04
34. Ed Mahler	48:35
35. Gary Low	48:37
36. Ted Vincent	48:44
37. B. Bo Hewitt	48:47
38. Joe Oakes	49:32
39. John McKeon	49:53
40. Irv Fishman	50:08
41. Jack Bellingham	50:18
42. John Mortell	50:55
43. Rose Wong	51:31
44. Jim Gallagher	51:49
45. Kathrina Moore	51:51
46. Jan Haberzette	52:03
47. Bridge Massey	53:12
48. Wendy Newman	53:28
49. Bill Woolf	53:41
50. Dave Turpin	54:17
51. Mike Kiser	54:25
52. NO CARD	54:43
53. Robert S. Gamble	54:59
54. Julia McKeon	55:12
55. Ron Brock	55:18
56. Don Watson	55:22
57. Elaine Koga	55:52
58. Lou Fields	56:56
59. Dave Ayers	57:40

60.	Kathryn Von Blankenburg	57:55
61.	Priscilla Black	58:34
62.	Jane Miller	59:18
63.	George Sacco	1:00:26
64.	Tom Boyd	1:01:50
65.	Jane Colman	1:01:58
66.	Debby Bellingham	1:04:06
67.	Bernice Brucker-Vincent	1:05:04
68.	Henry Black	1:07:00
69.	Neil Mahoney	1:07:01

SELF TIMERS

Ada Thomas
 Bob Theis
 Bob Jordan
 Betty Garvey
 Dina Kovash
 Conrad Von Blankenburg
 Jane Scheuer
 Annabel Marsh
 Ken G. Murray
 King Lau
 Bob Gamble Sr.
 Jean Doyle
 Mitchell Too Early Sollod
 Tony Stratta
 Ellen Breslauer

21.	George Roach	30:09
22.	Dennis Wong	30:58
23.	Irvin Taputuara	32:12
24.	NO CARD	32:32
25.	Jan Haberzette	33:48
26.	Fred Haber	33:49
27.	Oakes	33:50
28.	Andy Edmondson	34:03
29.	Ruth Fisk	34:13
30.	Julia McKeon	34:27
31.	Mary Beth Limpert	35:35
32.	Don Watson	36:48
33.	Lou Fields	36:58

34.	Nick "Peace & Love" Lederer	37:31
35.	Kathryn Von Blankenburg	37:53
36.	Bruce Oliver	38:04
37.	Jane Colman	38:28
38.	Jim Gallagher	39:48
39.	Neil Mahoney	43:15
40.	George Sacco	43:43
41.	Ellen Breslauer	47:44
SELF TIMERS		
Ada Thomas		
Ken G. Murray		

Bob Jordan	
Milt Schiffman	
Bob Wallace	
Bob Theis	
Richard Hannon	
Frank Crabbe	
Robert Brizuela	44:00
Tony Stratta	50:32
Carolyn Clark	
Jean Doyle	
Betty Garvey	
Henry Black	
Priscilla Black	
Sally Buchmann	

FERRY BUILDING RUN
3.83 Miles
September 15, 1996

Race Director: Robert Gamble, Sr.

Volunteers: Robert Gamble Jr., Ceis Wildin, Myra Grøen, Patrick Lee, Sally Buchmann, Charlene Schmitz, Marty Maricle, Richard Hannon and King Lau

KID'S RUN

1.	Jeremy Elsener	3:37
2.	Laura Elsener	4:13
3.	Zack Wong	ST
4.	Kayim Wong	ST
5.	Mayah Wong	ST
6.	James Carvallyo	ST

RUNNERS

1.	Scott Taylor	22:45
2.	Jim Hampton	23:00
3.	Phil Melman	25:26
4.	Mainframe Man	25:38
5.	Don Elsener	25:39
6.	Jerry McGown	25:49
7.	Dan Schirn	25:51
8.	Larry Wuerstle	26:19
9.	Jeff Hawley	26:24
10.	P. C. Boy	26:37
11.	Collin Lee	26:54
12.	James Stratta	27:42
13.	Russell Breslauer	27:49
14.	Bob Nowell	28:24
15.	Theo Jones	28:39
16.	John Gregson	28:55
17.	Terry Limpert	28:58
18.	Ed Mooney	29:07
19.	Howard Karloff	29:42
20.	Peter Royce	29:45

PEOPLE HELPING PEOPLE



Race Results

DSE BIATHLON
September 22, 1996

Race Directors - Darlene Zane & Reid Warden

Volunteers: Joe Basile, Robert Gamble, Jr., Collin Lee, Calvin Chan, Richard Hannon, Melina Kriegel

Run Only

1. Michael Gama	12:37
2. Scott Taylor	13:12
3. Mark Dayao	13:14
4. The Fat Man	14:44
5. Andy Niven	14:49
6. Patrick Lee	15:06
7. Larry Wuerstle	15:11
8. Jim Gallagher	17:55
9. Ceis Wildin #1	18:48
10. Ed Mahler	18:50
11. Fred Haber	18:52
12. Irv Fishman	19:17
13. Ted Vincent	19:34
14. Michael Marty	19:35
15. Kelly Murphy #2	19:38
16. Bobby Marty	19:39
17. Bobby Absolute	19:47
18. Andy Edmondson	19:49
19. Kevin Murano	20:20
20. Elaine Koga #3	20:58
21. Ralph Rivas	21:00
22. Don Watson	21:20
23. Nick 'Fish' Lederer	21:26
24. Bill Woolf	21:40
25. Kathryn Von Blankenburg	21:45
26. Ursula Bernhart	22:54
27. Bernice Brucker-Vincent	25:51

Self-Timers

Neil Mahoney	
Tony Stratta	32:40
Kimberly Rodrigues	
Wendy Newman	
Ed Olkowski	31:31
Bob Jordan	
Ken G. Murray	
Ada Thomas	

BIATHLON

1. Al Stanbridge	24:56
2. Duane Franks	26:24
3. Leland Faust	27:08
4. Terry McKeon	27:10
5. Larry McDonell	28:09
6. Armen Khachadourian	29:05
7. Valerie Khachadourian #1	29:32
8. Tyler Abbott	31:06
9. Lucy Payne#2	31:50
10. Venu Riggio	32:18
11. Ron Dorey	32:43
12. Russell Breslauer	32:44
13. Barbara Starke #3	33:12
14. Stuart Ruth	33:15
15. Mark Nassi	33:44
16. George Roach	33:58
17. Ed Kinchley	34:00
18. NO CARD	34:17
19. Ila Payne-Dwyer #4	34:43
20. Carlos Alfaro	34:54
21. Tom Maher	34:56
22. Tina Young #5	35:13
23. Theo Jones	35:36
24. Conrad Von Blankenburg	35:53
25. Irv Taputuarai	36:00
26. NO CARD	37:31
27. Patrick F. Cuneen	37:33
28. Pamela Wat	37:39
29. Peter Royce	37:50
30. Kathi Glauner	38:27
31. Joe Oakes	39:21
32. Jeff Houston	40:29
33. Harry Cordella	42:54
34. Marty Kerbleski	42:55
35. Sam Roake	44:21
36. Mike Kiser	46:06
37. I. Salvage	48:30
38. Stu Etzler	50:15
39. Ellen Breslauer	54:38

SINGLE/DOUBLE LAKE MERCED RUNS, 4.6 & 9.2 Miles September 29, 1996

Race Director - Robert Gamble, Jr.

Volunteers: Joe Basile, Don Larsen, Sally Buchmann, Myra Green, Ken G. Murray

Kid's Run 1/4 Mile

1. Benjamin Pechner	05:39
2. Mayah Wong #1	07:51
3. Molli #2	08:09

4. Zarek Wong	08:15
5. Kayin Wong	08:35
6. Dany Chamoun	09:17
7. Nicholas Chamoun	09:37

Runners (4.6 Miles)

1. Carmelo Rios	22:55
2. Tyler Abbott	23:52
3. Larry MacDonald	25:47
4. Ian Mileo	26:35
5. William Galvin	27:22
6. W. N. Morrison	30:07
7. Jeremy Lys	30:19
8. Russell Breaslauer	31:20
9. Gregory Brown	31:26
10. Marie Appel #1	31:27
11. Bob Besso	31:31
12. Alec Zelenkovsky	31:34
13. Bob Nowell	33:08
14. David Fong	33:57
15. John Takeoka	34:33
16. Dennis Wong	35:00
17. NO CARD	35:12
18. Bettina Kohl Brenner #2	35:13
19. Michael Smith	35:39
20. Jim Gallagher	36:34
21. Kelly Murphy #3	37:08
22. Gary Law	37:24
23. Ceis Wildin#4	37:42
24. Rose Wong #5	37:44
25. Ben Pechner	39:06
26. NO CARD	39:32
27. Donna Hawley	40:59
28. NO CARD	41:07
29. Bridgette Massey	41:16
30. Mike Pechner	41:24
31. Cheryl Houston	41:42
32. Marty Maricle	42:14
33. Linda McGovern	42:52
34. Don Watson	43:16
35. Kevin Murano	43:52
36. Jack Halton	44:20
37. John Mortell	44:42
38. Elaine Koga	44:50
39. Sandra Seiki	45:23
40. George Sacco	45:24
41. Nick Lederer	45:39
42. Debby Bellingham	47:15
43. Jack Bellingham	47:15
44. Jim Peters	47:19
45. NO CARD	47:37
46. NO CARD	50:00
47. Charlene Schmitz	57:55
48. Jackie Taheny	59:36
49. Mike Taheny	59:36
50. Sally Buchmann	1:05:18

Self-Timers

Ken G. Murray
 Bob Jordan
 Bob Theis
 Lou Fields
 Peter Webb
 Rachel Webb
 Judith Webb
 Milt Schiffman
 Ellen Breslauer
 Jean Doyle
 Betty Garvey
 Neil Mahoney
 Tony Stratta (2 laps) 1:58:58
 Annabel Marsh
 Judy Golding

Runners (9.2 Miles)

1. Steve Ruegg	49:37
2. Conor Flynn	51:11
3. James McLaren	53:41
4. Jim Misener	54:19
5. Thomas Caruso	56:59
6. George Rehmet	57:01
7. Andy Niven	58:48
8. The Fatman	59:16
9. George Baptista	1:03:00
10. NO CARD	1:03:03
11. Moss Prescott	1:03:18
12. Running Weeny	1:03:30
13. Paul Mosel	1:03:40
14. Collin Lee	1:04:13
15. Judy Tomsic #1	1:04:27
16. Bob Cowdrey	1:05:05
17. Mark Satchwell	1:05:16
18. Jeff Hawley	1:05:33
19. Don Melrose	1:05:45
20. Hal McClure	1:05:59
21. Jeffery White	1:06:59
22. Greg Moore	1:07:28
23. Patrick Lee	1:07:38
24. Sam Roake	1:10:16
25. Jeff Houston	1:10:56
26. Robert Page	1:11:41
27. Ed Mooney	1:11:48
28. Sarah Slaymaker #2	1:13:26
29. John Lang	1:16:32
30. Venu Riggio	1:17:25
31. Ted Vincent	1:17:44
32. Tony Wasserman	1:18:45
33. Mark McKeown	1:18:59
34. Harry Cordellos	1:19:06
35. Fred Haber	1:19:07
36. Bobby Marty	1:19:12
37. Irv Fishman	1:19:30

38. Ed Mahler	1:20:48
39. Lori Segal	1:21:14
40. B. B. Hewitt	1:27:18
41. Kathryn Von Blankenburg #4	53:30

DSE DISTANCE CLASSIC

NOTE: Editor did not receive race results at deadline time of 10/15/96.

12 Hour Volunteers were: Sally Buchmann, Rick Shea, Lorraine Shea, Jim Skophammer, Vivian Skophammer, Priscilla Black, Ken Reed, Jim Pommier, George Rehmet, Calvin Chan, Wilhelm Yee, Collin Lee, Lucy Wing, Thomas Pang, Bobby Marty, Ed Mahler, & Lisa Colley.

**POLO FIELD 5K
October 6, 1996**

Race Director - Kevin Lee

Volunteers: Joe Basile, Don Larsen, Jan Haberzette, & Ed Mahler

Runners

1. Conor Flynn	17:36
2. Mike Lopez	18:20
3. Mark Ford	19:16
4. Stephen Smith	19:22
5. The Fatman	19:34
6. Russell Thomas	19:44
7. Jerry McGowan	19:48
8. Keith O. Johnson	19:52
9. W. N. Morrison	20:06
10. William Smith	20:33
11. Patrick Lee	20:51
12. Kimberly Rodrigues #1	22:00
13. Joe Hancock	22:03
14. Doug Long	N/A
15. Harold Heringhi	23:14
16. Jeff Houston	23:26
17. Michael Smith	24:18
18. Jim Gallagher	24:55
19. Fred Haber	25:33
20. Ed Mahler	26:17
21. Andy Edmondson	26:33
22. Kevin Murano	26:47
23. Bobby Marty	26:51
24. Bobby Absolute	26:51
25. Phil Roebuck	27:22
26. Gioia Cipcich #2	28:07

27. Lou Fields	28:09
28. Ralph Rivas	28:46
29. Don Watson	29:20
30. Marty Maricle #3	29:34
31. Elaine Koga #4	29:42
32. Jane Colman #5	29:50
33. Dina Kovash	31:56
34. Graciela C.	34:20
35. Wally Rapozo	34:20
36. Grace	34:44

Self-Timers

Judy
 Bob Gamble, Sr.
 Yerka Stimec
 Ken Loders
 Bob Jordan
 Liese Rapozo
 Bill McGowan
 Frank Crabbe
 Neil Mahoney

Note: N/A = Not Available

**KENNEDY DRIVE RUN 4.7 miles
October 13, 1996**

Race Directors - Mary Magee & Becky Rozewicz

Volunteers: Joe Basile, Don Larsen, Sally Buchmann, Myra Green, Jane Colman, Richard Hannon

Kid's Run 1/4 Mile

1. Joseluis Rodriguez	01:34
2. Carolina Gallegos #1	01:36
3. Grace Roberts #2	01:42
4. Shelby Jenkins #3	01:44
5. Sheri Carter #4	02:01
6. Stephanie Roberts #5	02:06
7. Zarek Wong	Self-Timer
8. Kayin Wong	Self-Timer

Runners

1. Conor Flynn	25:18
2. Tyler Abbott	25:25
3. Antonio Corgas	25:47
4. Pete Nowicki	26:08
5. Anthony Davies	26:34
6. W. N. Morrison	26:51
7. Randy Guerrero	28:18
8. Jack Yangren	28:34
9. Stephen Smith	28:49
10. Phil Melman	29:16

11. Mark Ford	29:32
12. Jerry McGowan	29:36
13. The Fatman	29:38
14. William Smith	29:47
15. Andy Niven	30:25
16. Keith O. Johnson	30:33
17. Ken Klein	30:36
18. Ronald Hess	31:18
19. Larry Wuerstle	31:18
20. Running Weeny	31:41
21. Paul Mosel	31:50
22. Greg Brown	32:09
23. Jeff Hawley	32:35
24. Kimberly Rodrigues #1	32:43
25. F. Ribeiro	32:55
26. Joe McSweeney	33:18
27. Patrick Lee	33:30
28. Melissa Pardini #2	33:36
29. Theo Jones	33:36
30. Harold Heringhi	34:08
31. Ed Mooney	34:47
32. Sam Roake	35:01
33. Collin Lee	35:14
34. Norman Ching	35:20
35. Jeff Houston	35:21
36. Lucy Wing #3	35:30
37. Dennis Wong	35:41
38. D. Picariello	36:13
39. Michael Smith	36:20
40. Jim Gallagher	37:46
41. Robert Wesman	37:47
42. Frank Hunt	38:26
43. Ceis Wildin#4	38:55
44. Irv Fishman	39:08
45. Jan Haberzette #5	39:48
46. Bob Cantwell	40:19
47. NO CARD	40:25
48. Kiki Power	40:51
49. Bobby Absolute	41:48
50. Ed Mahler	41:54
51. Tomassa	41:55
52. Gioia	42:04
53. Lou Fields	42:17
54. Don Watson	42:28
55. Bobby Marty	42:45
56. Bruce Oliver	43:25
57. Ron Brock	43:50
58. Ralph Rivas	44:34
59. Donna Hawley	44:37
60. Marty Maricle	45:30
61. Halton	45:30
62. Kathryn Von Blankenburg	45:31
63. Terry Rosenstock	46:00
64. John Garvey	46:39

Self-Timers	
Sally Buchmann	
Pauline Dake	
Jean Doyle	
Betty Garvey	
Bob Jordan	
King Lau	
Al Long	
Joan Long	
Neil Mahoney	
Ken G. Murray	
Liese Rapozo	
Wally Rapozo	
Milt Schiffman	
Tony Stratta	62:30
Bob Theis	
Ada Thomas	
Judith Webb	
Rachel Webb	
Wilhelm Yee	

23. Maria Pacelli #4	34:44
24. Marty Maricle #5	35:01
25. Robert S. Gamble	35:20
26. Lou Fields	36:13
27. Mike Kiser	36:21
28. Justin Raisner	36:25
29. Danielle Atencio	36:40
30. Tom Boyd	40:08
31. Nick "Sandy" Lederer	40:12
32. Priscilla Black	40:13
33. Stu Etzler	42:45
34. Graciela C.	44:46
35. Neil Mahoney	47:13
36. Salvaje	49:52

Self-Timers	
Tony Stratta	51:43
Bob Gamble, Sr.	
Bob Theis	
Bob Brizuela	
Christie Pyo	
Frank Crabbe	
Bob Jordan	
Jean Doyle	
Betty Garvey	
Ed Olkowski	

FUN AT FORT FUNSTON 5K
October 20, 1996

Race Director - Ken Reed

Volunteers: Joe Basile, Richard Hannon,
Ken G. Murray, Don Larsen, Marty
Kerbleski

Runners

1. Mark Ford	23:50
2. Jim Hampton	24:05
3. Michael Yang	24:09
4. William Galvin	24:18
5. Phil Melman	24:49
6. Moimusa Ahmadu	25:12
7. Alec Zelenkovsky	25:36
8. Jerry McGowan	25:25
9. Adam Brink	27:54
10. Judy Tomsic #1	28:07
11. Patrick Lee	28:17
12. Jeff Houston	28:37
13. Andrew O'Driscoll	29:12
14. David D. Schmidt	32:58
15. Phil Roebuck	33:05
16. Ed Mahler	33:24
17. Bobby Marty	33:25
18. Giola Cipcich #2	33:34
19. Halton	33:44
20. Irv Fishman	33:53
21. Bob Cantwell	33:56
22. Janine Firpo #3	34:28

**Run
Reminder...**



Dear DSE Members:

As of this writing, the DSE RRCA SSUCONY WOMEN'S DISTANCE FESTIVAL 5K (what a mouthful) is upon us and /or over, depending upon receipt of this month's newsletter.

If it is NOT over, come, volunteer, run the race (men as well as women are welcome) and enjoy our first major Women's Distance Festival. I hope that it is a success because we have worked hard to put on a quality race for you.

If it is over, I would like your comments as to how the race went and what suggestions you might have for improvement next year.

Most sincerely,

Ceis Wildin, Race Director
(415) 346-5143



Race Results

DSE DISTANCE CLASSIC 10/6/96

Results not in at time of print

SAN BRUNO MOUNTAIN 5K/10K 10/27/96

Race Directors

Jim & Vivian Skophammer

Volunteers: Joe Basile, Richard Hannon,
Ken G. Murray, Rick Shea, Graciela
Castillero, Tony Varnhagen

Runners - 5K

1	Gary Ellis	15:42
2	Mark Ford	17:13
3	Thomas Grey	17:39
4	Keith O'Johnson	18:09
5	Larry Wuerstle	18:28
6	David Sabo	19:21
7	Patrick Lee	19:30
8	P. F. Cunneen	19:41
9	Russell Breslauer	19:54
10	Stephanie Fong ①	20:55
11	Jim Gallagher	21:32
12	Phil Roebuck	22:40
13	Frank Hunt	22:44
14	Bob Cantwell	23:36
15	Jack Bascom	23:39
16	Valerie Reiss ②	24:08
17	Ed Mahler	24:18
18	Jack Halton	24:21
19	R. S. Gamble	25:05
20	Jan Habertzeltle ③	25:24
21	John Weidinger	25:27
22	Jim Kauffold	25:57
23	Don Watson	26:14
24	Nick Lederer	26:34
25	Marcia Martin ④	27:54
26	Phyllis Klein ⑤	32:47
27	Neil Mahoney	33:30
28	Charlene Schmitz	35:26
29	Ellen Breslauer	41:18
30	Frank Evans	43:20

Runners - 10K

1	Antonio Corgas	40:27
2	Conor Flynn	41:09

3	Tyler Abbott	41:50
4	J. D. Castaneda	42:17
5	Jim Misener	45:16
6	Karl Ehlert	46:20
7	Phil Melman	50:04
8	Bob Besso	54:28
9	Theo Jones	54:58
10	A. O'Driscoll	55:29
11	Dave Picariello	57:02
12	Steve Schirle	57:51
13	Andy Niven	58:21
14	Greg Moore	1:00:11
15	Julie Nordquist ①	1:05:30
16	Marnie Nordquist ②	1:05:30
17	Bobby Marty	1:08:26
18	Danita Troche ③	1:08:48
19	John Lang	1:12:46
20	Joe Oakes	1:12:47
21	Mike Kiser	1:12:48
22	Lawrence Rogers	1:15:15
23	John Mortell	1:21:43
24	Marty Maricle ④	1:21:44
25	Jane Colman ⑤	1:15:21
26	Salvaje	NA

Self-Timers

Bob Jordan	
Graciela Castillero	
Bob Gamble Sr.	
Judith Webb	
Peter Webb	
Kathryn Von Blankenburg	
Jim Pommier	
Robert Brizuela	
Tony Stratta	1:39:10

DSE/RRCA/SAUCONY WOMEN'S DISTANCE FESTIVAL 5K

11/3/96

Race Director - Ceis Wildin

The A category are girls under age 10, the B category are young women age 10 to 14 and division one are women age 15 to 19. All other divisions are in 10 year increments (e.g. 20-29, etc.).

DSE Woman Runners

BIB	NAME	DIVISION	TIME
535	Natalie Joffe	A	21:53
536	Margaux Joffe	B	21:02
618	Kimberly Wong	B	27:23
619	Rosalie Huynh	B	42:59

BIB	NAME	DIVISION	TIME
559	Vanessa Graham	1	20:53
591	Sarah Donnelly	1	25:21
580	Kelly Brandli	1	27:04
587	Adriana Valencia	1	28:42
575	Jeanette Donovan	1	30:15
576	Jennifer O'Neil	1	31:21
556	Kristen Marshall	1	33:37
547	Jeannie Lydon	1	33:38
592	Shoshana Zibblatt	2	18:44
583	Jennie Davis	2	19:46
634	Kim Jones	2	22:12
612	Claudette Corti	2	25:14
657	Irina Cohen	2	25:17
561	Angela Harris	2	25:43
566	Stacy Patton	2	28:23
506	Erica Katz	2	29:31
586	Moira Ellis	2	29:52
518	Regina Preciado	2	30:55
528	Anastasia Radoff	2	31:57
501	Renee Leiberman	2	35:46
654	Marie Appel	3	21:15
546	Lisa Nelms	3	21:26
614	Tracy Pore	3	23:53
673	Judith Waitz	3	23:58
596	Ling Chiou	3	24:44
514	Alicia Low	3	25:13
548	Michelle Turner	3	25:23
560	Mary Croft	3	26:50
629	Sarah Gallagher	3	27:18
568	Margaret Ashwell	3	27:34
571	Virginia Hayes	3	27:35
502	Theresa Armada	3	27:41
605	Elizabeth Baylis	3	27:42
565	Liane Wong	3	28:14
661	C. Hovermale	3	28:30
677	K. Rodrigues	3	29:59
656	Marian Martinez	3	30:04
663	Mary Burns	3	30:05
613	Marisa Helms	3	30:32
557	Camille Nolan	3	31:45
655	Lori Shannon	3	33:01
520	Angelica Bustos	3	35:09
611	A. O'Halloran	3	36:29
579	Lily Tan	3	38:39
562	Kate Belding	3	20:31
590	Patti Lee	4	25:03
533	Judy Broughton	4	26:19
567	Marsha Nunley	4	27:46
549	Carolyn Teshima	4	28:50
608	Lisa Grote	4	30:39
621	Phyllis Klein	4	30:51
620	Lorraine Aiken	4	30:57
545	Jane Lee	4	31:47
601	Anne Ludwig	4	32:22

**DSE/RRCA/SAUCONY WOMEN'S
DISTANCE FESTIVAL 5K
(DSE Women Runners, Continued)**

BIB	NAME	DIVISION	TIME
602	Leslie Adams	4	32:23
527	Shirley McGill	4	32:59
668	Jeanette Jummati	4	33:52
507	Alice Ray	4	34:29
632	Leslie Thompson	4	36:50
516	Ellen Breslauer	4	44:29
581	Mira Nagrani	4	45:37
558	Alice Camacho	4	51:08
515	Jan Habertzete	5	25:51
521	Ruth Fisk	5	26:47
554	Jane Colman	5	28:00
552	K. Von Blankenburg	5	29:02
599	T. Woida	5	32:21
509	Lucky McGowan	5	35:06
525	Judy Wessing	5	38:57
607	MaryAnn Pacula	5	45:35
598	Barbara Tocchini	6	31:32
519	Jaclyn Caselli	7	30:47
532	Ada Thomas	8	44:28

**DSE/RRCA/SAUCONY WOMEN'S
DISTANCE FESTIVAL 5K**

Race Director - Ceis Wildin

DSE Men Runners

Division One are men age 15 to 19. All other divisions are in 10 year increments (e.g. 20-29, etc.). Sorted by division.

BIB	NAME	DIVISION	TIME
594	Tony Arzave	1	19:34
615	Anthony Diluzio	1	23:07
630	Doug Ritenour	2	18:57
671	John Takioka	2	22:26
582	Avinash Satwalekar	2	34:33
623	Conor Flynn	3	16:44
609	Michael Gama	3	18:16
672	Peter Hsia	3	18:34
631	W. N. Morrison	3	18:39
588	Michael Yang	3	19:18
572	Mark Ford	3	20:24
652	Jeffery White	3	20:58
593	Stephen Fentress	3	21:16
651	Paul Mann	3	21:40
600	Mark Mirza	3	23:30

BIB	NAME	DIVISION	TIME
665	Nick Cioll	3	25:33
635	Patrick Reagan	3	26:12
625	Brian Hewitt	3	26:26
595	Bob Arzave	3	29:38
678	Dave Picariello	3	20:26
543	Patrick Lee	4	20:26
544	Collin Lee	4	20:49
537	Martin Joffe	4	21:51
603	Todd Hedin	4	23:13
637	Jack Halton	4	25:37
662	Mark Hovermale	4	27:58
626	Ron Brock	4	28:38
616	John Diluzio	4	29:15
606	Keith Johnson	5	19:46
628	Mark Scheuer	5	20:44
550	Paul Mosel, Sr.	5	21:19
624	Theo Jones	5	21:35
517	Russell Breslauer	5	22:01
574	John Alexander	5	22:44
675	Michael Smith	5	23:52
604	Ed Mahler	5	25:43
666	Andy Edmondson	5	26:13
617	Nick Lederer	5	28:11
597	Robert Brizuela	5	30:02
676	Bobby Kreisberg	5	30:19
553	C. Von Blankenburg	5	35:16
633	Alan Konecny	5	36:36
622	Bob Gamble	5	45:36
669	Ed Olkowski	5	48:50
664	Patrick Cunneen	6	22:14
610	John Gregson	6	22:41
589	Ed Mooney	6	22:58
512	Bob Marty	6	25:01
585	Bob Cantwell	6	25:44
667	William Woolf	6	26:17
555	Don Watson	6	27:31
636	Augie Perez	6	27:57
578	Bob Theis	6	30:14
653	Neil Mahoney	6	32:34
584	Bob Jordan	6	33:22
674	Tony Stratta	6	36:50
577	Milton J. Schiffman	8	44:23
510	Gerald McGowan		20:30
522	Gregory Brown		21:28
650	No Name		46:40



See exclusive photos taken from the 1st DSE/RRCA/Saucony Women's Distance Festival 5K on Page 3.

**SOUTH EMBARCADERO RUN 6.25
miles, 11/10/96**

Race Director - Marty Maricle

Volunteers

Joe Basile, Richard Hannon,
Tony Varnhagen, Myra Green,
Tyler Abbott, Diane Okubo,
Marian Lyons

Kids

1	Jeremy Elsener	3:18
2	Laura Elsener	4:06
3	Molly Bauke #2	4:40
4	Brendan Montana	5:52

Runners

1	Wayne Cottrell	35:06
2	Conor Flynn	35:15
3	Mike Rossner	35:48
4	James McLaren	36:22
5	Jim Hampton	37:50
6	Jim Misener	37:58
7	Mark Ford	38:47
8	William Galvin	39:03
9	Cesar M. Guillen	39:22
10	Denis Bauke	40:43
11	Loren Landau	41:19
12	John Magsaney	41:29
13	John Stockton	41:36
14	Dick Parker	43:00
15	Alec Zelenkovsky	44:06
16	Keith Nowell	44:28
17	Andy Niven	44:38
18	Patrick Lee	45:03
19	Ed Kinchley	45:09
20	Moss Prescott	45:14
21	Running Weeny	45:23
22	Lexy Loewenstein	45:24
23	Nick Bentley	45:28
24	Collin Lee	45:28
25	Hal McClure	45:44
26	Mark Mirza	45:46
27	Paul Mosel	46:04
28	John Sides	46:12
29	Mike Laramie	46:39
30	Melissa Pardini	46:50
31	Don Elsener	47:08
32	Lucy Wing	47:16
33	Laurie Fjerkenstad	47:18
34	Keith D. Lewis	47:20
35	Lorenzo Gonzalez	48:01

36	Russell Breslauer	48:01
37	Sean McAviney	48:19
38	Norman Ching	48:29
39	Andrew O'Driscoll	48:29
40	Fred Corriega	48:31
41	Liz Varnhagen	48:53
42	John Gregson	49:19
43	Kimberly Rodrigues	49:33
44	Tom Roach	49:49
45	George Roach	50:08
46	Peter Royce	50:10
47	Edward Saenz	50:31
48	Steve Cunningham	50:52
49	Jon Antoni	50:52
50	Sam Roake	51:03
51	Jeff Houston	51:03
52	NO CARD	51:18
53	Kenneth Fong	51:21
54	Tony Wasserman	52:03
55	Wendy Newman	52:04
56	Sara Rushing	52:25
57	Robert Arce	52:27
58	Cecilia To	52:28
59	Harry Cordello	52:37
60	Bob Besso	52:37
61	NO CARD	52:52
62	Kesa Zagar	52:57
63	Rose Wong	53:11
64	Dennis Wong	53:20
65	Ted Vincent	53:42
66	Michael Smith	54:02
67	Ceis Wildin	54:26
68	John Mortell	54:28
69	John Rubano	54:29
70	Bobby Marty	54:31
71	Irv Fishman	54:59
72	Will Prescott	55:06
73	Claudette Corti	55:10
74	Bob Cantwell	55:15
75	Teresa Schreitmueller	55:21
76	NO CARD	55:24
77	Ed Mahler	56:13
78	Gary Low	56:19
79	Bill Woolf	56:34
80	Andy Edmondson	56:37
81	Jan Haberzette	56:52
82	Ralph Rivas	56:55
83	Augie Perez	57:51
84	Don Bechler	59:41
85	Gioia Cipcich	59:48
86	Lou Fields	59:48
87	Kathryn Von Blankenbug	59:53
88	Jeanne Fitzgerald	1:00:29
89	Katie Burke	1:00:29
90	Bob Clark	1:01:00
91	Don Watson	1:01:04

92	Hisayo Kinjo	1:01:50
93	Dwight Larkin	1:01:50
94	Robert Brizuela	1:02:26
95	Ron Brock	1:03:11
96	George Sacco	1:04:24
97	Nick Lederer	1:04:34
98	Tom Boyd	1:05:37
99	Dick Collins	1:06:10
100	Bernice Brucker-Vincent	1:15:53

SELF - TIMERS

1	Ed Olkowski	1:38:45
2	Ellen Breslauer	
3	Debra Wicks	



4	Roger Gamble
5	Bob Gamble Sr.
6	Wally Rapozo
7	Liese Rapozo
8	Neil Mahoney
9	Bob Theis
10	Bob Wallace
11	Jane Colman
12	Calvin Chan
13	Frank Crabbe
14	Sally Buchmann
15	Ada Thomas
16	Bob Jordan
17	Ken G. Murray



Race Results

**DSE Distance Classic
10/6/96**

Race Director: Rich Shea

Runners:	Laps	Miles	Age
1. Robert Montuori	97	76.4	39
2. Mike Willie	96	75.7	27
3. Don Choi	96	75.7	48
4. Bozena Maslanka*	87	68.6	29 F
5. Bob Slate	80	63.0	41
6. June Montuori	80	63.0	42 F
7. Bjorn Grass	79	62.3	35
8. Tomassa Nakumura	71	55.9	42
9. Eric Poulsen	65	51.2	45
10. Richard Hannon	64	50.4	61
11. Kimberly Frettas	64	50.4	37 F
12. Olin Nichols	64	50.4	45
13. Dennis Wong	64	50.4	44
14. Hollis Henderson	63	49.6	49
15. Mike Tselentis	62	48.9	69
16. Joe Oakes	58	45.7	62
17. Jan Kahdeman	51	40.2	39 F
18. Eldrith Gosney	43	33.9	55 F
19. Robin Smit	41	32.3	59
20. Andy Niven	40	31.5	49
21. Greg Moore	40	31.5	48
22. Jim Pommier	40	31.5	63
23. Henry Black	38	29.9	63
24. Mark Nassi	38	29.9	29
25. George Rehmet	34	26.8	29
26. Ted Vincent	33	26.0	60
27. Milt Schiffman	33	26.0	84
28. Jeff White	28	22.1	33
29. Marty Kerbleski	26	20.5	39
30. Bernice Brucker-Vincent	25	19.7	69
31. Teresa Schretimueller	20	15.8	32
32. Kathryn Von Blankenburg	17	13.4	55
33. John Gregson	16	12.6	65
34. Noreen Rodgers	16	12.6	31
35. Paul Watkins	14	11.0	43
36. Dick Collins	13	10.2	63
37. Bruce Litmann	11	8.7	37
38. Judy Golding	9	7.1	75
39. Annabel Marsh	9	7.1	73
40. Ken Murray	8	6.3	80
41. Ken Reed	8	6.3	51
42. Conrad Von Blankenburg	4	3.1	56

Note: * = New Course Records

DSE Distance Classic Age Category Winners

Age Groups	Women		Laps	Miles
20 - 29 yrs.	Bozena Maslanka N/A	*	87	68.6
30 - 39 yrs.	Kimberly Freitas Jan Kahdeman	*	64 51	50.4 40.2
40 - 49 yrs.	June Montuori N/A	*	80	63
50 - 59 yrs.	Eldrith Gosney Kathryn Von Blankenburg		43 17	33.9 13.4
60 - 69 yrs.	Bernice Brucker-Vincent		25	19.7
70 - 79 yrs.	Judy Golding Annabel Marsh		9 9	7.1 (Tie) 7.1 (Tie)
Age Groups	Men		Laps	Miles
20 - 29 yrs.	Mike Willie Mark Nassi	*	96 38	75.7 29.9
30 - 39 yrs.	Robert Montuori Bjorn Grass	*	97 79	76.4 62.3
40 - 49 yrs.	Don Choi Bob Slate	*	96 80	75.7 63
50 - 59 yrs.	Robin Smit Ken Reed		41 8	32.3 6.3
60 - 69 yrs.	Richard Hannon Mike Tselentis		64 62	50.4 48.9
70 - 79 yrs.	N/A			
80 - 89 yrs.	Milt Schiffman Ken Murray		33 8	26 6.3

Note: * = Course Age Group Records

DSE Special Announcement



Do You Have What It Takes To Be A Race Director?

Race Directors play an important role in the DSE. We are always looking for volunteers to be a Race Director for each of the DSE Runs. To sign up or for more information, call Marian Lyons at (415) 431-0413 after 6 p.m.

Land's End Run 5K
3.1 Miles Trail Course - 11/17/96

Race Director: John Mortell
Volunteers: Joe Basile, Marian Lyons,
Calvin Chan, Richard Hannon, Tony
Varnhagen, & Joe Oakes

Runners:	
1. Michael Gama	20:11
2. Tyler Abbott	20:19
3. Jim Misener	21:21
4. William Galvin	21:59
5. Alec Zelenkovsky	22:59
6. Phil Melman	23:36
7. Dick Parker	23:59
8. Mark S. Mirza	24:29
9. Collin Lee	24:33
10. Andy Niven	24:33
11. Theo Jones	24:39
12. Patrick Lee	24:58
13. Judy Tomsic ①	25:11
14. Paul Mosel	25:15
15. Steve Balentine	25:21
16. Patrick F. Cunneen	26:28
17. Jeff Houston	26:35
18. Venu Riggio	27:23
19. Dave Picariello	27:40
20. David Fong	28:26
21. Harold Heringhi	28:27
22. Greg Moore	28:45
23. Irvin T.	30:01
24. Wendy Newman ②	30:18
25. Bobby Marty	30:36
26. Gioia Cipcich ③	30:40
27. Ed Mahler	30:50
28. Peking Duck	31:07
29. Kenneth Fong	31:07
30. Ceis Wildin ①	31:18
31. Bob Cantwell	31:54
32. Bill Woolf	32:57
33. Lou Fields	33:44
34. Marty Maricle ⑤	34:08
35. Don Watson	35:20
36. Corinne Beuchet	35:45
37. Kathryn Von Blankenburg	36:30
38. Wilhelm Yee	36:57
39. Ron Brock	37:10
40. Wally Rapozo	38:00
41. Tom Boyd	39:06
42. Frank Evans	34:23
43. Neil Mahoney	44:16
44. Charlene Schmitz	47:12

Self-Timers:

Bob Jordan	
Robert Brizuela	
Liese Rapozo	
Ann Harrington	
Ed Olkowski	42:42
Tony Stratta	45:53

Walt Stack Trail (Short) 7.13 miles
11/24/96

Race Director: (Not Available)
Volunteers: Joe Basile, Marian Lyons,
Sally Buchmann, Myra Green,
Richard Hannon,
Jane Colman, Ken G. Murray,
Ed Mahler & Ada Thomas

Kids:

1. Jeremy Elsener	3:05
2. David Hansen	3:13
3. Laura Elsener ①	3:15

Runners:

1. Pete Nowicki	39:44
2. Jim Misener	40:50
3. W.N. Morrison	41:32
4. Mark Ford	41:39
5. Cesar M. Guillen	41:48
6. Jim Hampton	42:26
7. Feras Halabi	42:57
8. Ben Robinson	43:14
9. Phil Melman	44:29
10. John Weidinger	44:40
11. No Card	45:44
12. Dick Parker	46:06
13. Theo Jones	46:36
14. No Card	47:20
15. James Eales	47:41
16. Moss Prescott	47:42
17. Virginia M. Dickson ①	47:45
18. Patrick Lee	48:12
19. Paul Mosel	48:31
20. Gregory Brown	48:37
21. Collin Lee	48:48
22. Judy Tomsic ②	49:07
23. Bob Besso	49:11
24. Tim Hoey	49:22
25. Mike Ban	49:44
26. Mike Laramie	49:48
27. Don Elsener	49:53
28. Keith Nowell	50:27
29. Stephanie Fong ③	50:50
30. Tomassa Nakamura	51:00
31. Kim Jones ①	51:37
32. Patrick F. Cunneen	52:23
33. Sam Roake	52:23
34. John Gregson	53:05

35. Ed Mooney	53:09
36. Liz Varnhagen ⑤	53:35
37. Mike Smith	54:00
38. Tim Hanson	54:14
39. Fred Corriea	54:23
40. Bill Discepolo	54:31
41. George Roach	54:44
42. Marvin Webb	54:50
43. Kenneth Fong	54:51
44. Frank Crabbe	54:53
45. Pedro H. Ordenes	55:12
46. Nancy Hanson	55:14
47. Marian Lyons	55:56
48. Ron Dorsey	56:15
49. Patrick Reagan	58:28
50. Ceis Wildin	58:33
51. John Sampson	58:47
52. Bob Cantwell	59:19
53. Will Prescott	59:34
54. Bobby Absolute	59:42
55. Wendy Newman	1:00:52
56. Bobby Marty	1:00:54
57. Frances L. Schulze	1:01:27
58. Teresa Schreitmueller	1:01:30
59. Joe Oakes	1:02:10
60. Bill Woolf	1:02:15
61. Corinne Beuchet	1:02:17
62. Jan Habertzette	1:02:35
63. Dave Turpin	1:03:04
64. B. Bo Hewitt	1:04:36
65. Ed Mahler	1:04:38
66. Graciella Castilla	1:04:39
67. Marty Maricle	1:06:45
68. Ron Brock	1:08:07
69. Kathryn Von Blankenburg	1:08:44
70. Don Watson	1:08:47
71. John Mortell	1:10:44
72. Kevin Murano	1:10:49
73. Elaine Koga	1:11:32
74. Dina Kovash	1:11:50
75. Robert Brizuela	1:12:25
76. Wally Rapozo	1:12:57
77. Nick "Rainy Day" Lederer	1:14:32
78. Jorge F. Madrigal	1:14:33
79. Liese Rapozo	1:20:51
80. Neil Mahoney	1:23:14

Self-Timers:

1. Sally Buchmann	
2. Stu Etzler	
3. Bob Gamble Sr.	
4. Judy Golding	
5. Annabel Marsh	
6. Bob Jordan	
7. Milt Schiffman	
8. Tony Stratta	

**U.S.S.S.F. Monument 5.56 miles
12/1/96**

**Race Directors:
Sandy & Andy Edmondson**

**Volunteers: Joe Basile, Richard
Hannon, Jane Colman, & John Mortell**

Runners:

1. Tyler Abbott	32:26
2. Kietz Tran	32:38
3. Mike Rossner	33:55
4. Pete Nowicki	34:51
5. John Spriggs	35:37
6. Cesar M. Gillen	36:15
7. Mark Ford	36:47
8. Alec Zelenkovsky	38:21
9. No Card	N/A
10. Mike Danko	40:01
11. Conor Flynn	40:07
12. Moss Prescott	40:10
13. Keith O. Johnson	40:11
14. The Fat Man	40:14
15. Bob Akers	40:40
16. John Weidinger	40:48
17. James Stratta	41:55
18. Judy Tomsic	42:00
19. Stever Leung	42:07
20. D. Picariello	42:08
21. Peking Duck	42:59
22. Patrick Lee	43:43
23. Andy Niven	44:00
24. Keith Nowell	47:17
25. David Fong	47:42
26. Tom Maher	47:43
27. John Gregson	48:48
28. Bobby Absolute	50:31
29. Bobby Marty	51:38
30. Ed Mahler	51:57
31. Gioia Cipcich	52:29
32. Corinne & Chad	54:34
33. Lou Fields	56:28
34. Irv Fishman	56:31
35. Don Watson	56:40
36. April Lax	56:57
37. Ben Pechner	59:17
38. Mike Pechner	59:57
39. Joe Oakes	59:57
40. Calvin Chan	1:01:44
41. Tom Boyd	1:03:44
42. Phyllis Klein	1:04:00
43. No Card	N/A
44. Frank Evans	1:05:27
45. Graciella C.	1:05:34
46. Wally Rapozo	1:05:35

Self-Timers:

1. Tony Stratta	14:15
2. Marty Maricle	
3. Neil Mahoney	
4. Len Rossi	
5. Bob Gamble Sr.	
6. Milt Schiffman	
7. Jean Doyle	
8. Ron Brock	
9. Betty Garvey	
10. Bob Jordan	
11. Liese Rapozo	
12. Ed Olkowski	
13. Frank Crabbe	

**Presidio Gate Run 3.3 miles
12/8/96**

**Race Directors:
Jane Colman & Don Watson**

**Volunteers: Joe Basile, Richard
Hannon & Myra Green**

Kids:

1. Jeremy Elsener	3:05
2. David Hansen	3:13
3. Laura Elsener	3:15

Runners:

1. Cliff Lentz	18:34
2. Tyler Abbott	18:54
3. Karl Von Ellenrieber	19:33
4. Jim Misener	19:49
5. Mark Ford	20:40
6. Alex Zelenkovsky	
7. Phil Melman	
8. Mike Danko	
9. Dan Schirm	
10. Collin Lee	
11. Patrick Lee	
12. Larry Wuerstle	
13. Theo Jones	
14. Don Elsener	
15. Stever Leung	
16. Bob Besso	
17. William Galvin	
18. Jeff Houston	
19. Sam Roake	
20. Tomassa Nakamura	
21. Peking Duck	
22. Norman Ching	
23. Shanti Perkins	26:25
24. Wendy Newman	26:37
25. Land Adams	

26. George Roach	
27. Jim Irish	
28. Bob Akers	
29. Ceis Wildin	27:49
30. Jack Bascom	
31. Tom Christian	
32. No Name	
33. Irv Fishman	
34. Ted Vincent	
35. Lou Fields	
36. Bob Nowell	
37. Joe Oakes	
38. Jeremy Elsener	
39. Bobby Absolute	
40. Keith Nowell	
41. Bill Woolf	
42. Rich Montelone	
43. Andy Edmondson	
44. Stuart Ruth	
45. Saint Nicholas Lederer	
46. Miker Kiser	
47. Marty Maricle	
48. Bruce Oliver	
49. Ursula Bernhart	
50. Phil Gallagher	
51. No Name	
52. Bernice Brucker-Vincent	
53. Kelly	
54. Joan Long	
55. Charlene Schmitz	
56. Neil Mahoney	

Self-Timers:

1. Ada Thomas	
2. Bob Jordan	
3. Ron Brock	
4. Ed Olkowski	
5. Bob Gamble Sr.	
6. Judy Golding	
7. Annabel Marsh	
8. Richard Hannon	
9. Sally Buchmann	
10. Tony Stratta	39:30

Note: The runners after the top male / female times are confidential to protect their creditability. The time machine tape disappeared.



**Rainbow Falls 5K
12/15/96**

**Race Directors:
Brian Bo Hewitt & Patrick Reagan**

**Volunteers: Sally Buchmann,
Ceis Wildin, Joe Basile,
Joe Basile, George Rehmet,
Richard Hannon & Darlene Zane**

Kids: (1 mile)

1. Jeremy Elsener	7:03
2. Breit Lando	7:10
3. Jacob Wertz	8:22
4. Laura Elsener	① 8:47
5. Victoria Wertz	② 8:50
6. Molli Bauke	③ 11:23
7. Madeline Cargas	④ 13:22
8. Gina Cargas	⑤ 19:16

Runners: (3 miles less - 151')

1. William Galvin	17:16
2. Mark Ford	17:25
3. W. N. Morrison	17:36
4. Rodney Jeung	17:43
5. Dennis Bauke	17:49
6. Phil Melman	18:18
7. Mike Danko	18:54
8. Jerry McGowan	19:13
9. Collin Lee	19:17
10. Patrick Lee	19:26
11. Larry Wuerstle	19:37
12. Keith O. Johnson	19:52
13. Don Elsener	20:03
14. Dick parker	20:16
15. Lori Fjerkenstad	① 20:20
16. Doug Long	20:34
17. Gregg Ramsey	20:36
18. Russell Breslauer	20:40
19. Mark Selea	21:01
20. Harold Heringhi	21:13
21. Randy Block	21:24
22. Sam Roake	21:27
23. Peter Seka	21:28
24. Norman Ching	21:32
25. Michael Edelstein	21:42
26. Jeff Houston	21:55
27. Marvin Webb	22:09
28. Leland L. Wong	22:23
29. Kenneth Fong	23:38
30. Peking Duck	23:41
31. Reid Walden	23:42
32. Wendy Newman	② 23:42

33. Joe Oakes	23:53
34. Bobby Marty	23:58
35. Bobby Absolute	23:59
36. Ceis Wildin	③ 24:01
37. Jack Bascom	24:04
38. Ed Mahler	24:49
39. Bob Besso	24:50
40. Lou Fields	25:01
41. Zack Unruh	25:02
42. Bill Woolf	25:03
43. Rocky Unzuh	25:06
44. Ruth Fisk	④ 25:07
45. Irv Fishman	25:13
46. Tom Christian	25:16
47. Karin Gander	⑤ 25:20
48. Phil Roebuck	25:22
49. Gil Silberman	25:30
50. Ed Dunn	23:34
51. Angela Nibbs	25:38
52. Augie Perez	25:42
53. Andy Edmondson	25:47
54. Jennifer McNally	26:14
55. Anne Shin	27:24
56. Saint Nick Lederer	27:53
57. Phyllis 'Saida' Nabhan	28:18
58. Bruce Oliver	28:19
59. Jeremy Elsener	28:25
60. Elise	28:53
61. Marty Maricle	29:23
62. David Ayers	30:10
63. Albert Niven	31:04
64. Andy Niven	31:05
65. Leonard Rossi	31:39
66. Sue Whitney	31:40
67. Ed Dale	32:12
68. Robert Ross	33:14
69. Neil Mahoney	33:24
70. Salvaje	33:32
71. SpikeHead	33:33
72. The Geezer	34:37
73. Linda Wanek	35:03

Self-Timers:

1. Ada Thomas	
2. Judy Golding	
3. Calvin Chan	
4. Frank Crabbe	
5. John Sullivan	
6. Bob Gamble Sr.	
7. Ann Harrington	
8. Sally Buchmann	
9. Ed Olkowski	38:30
10. Tony Stratta	39:06
11. Bob Jordan	
12. Annabel Marsh	

13. A. Hom
14. Ron Brock
15. Joan Long
16. Robert S. Gamble
17. Cute Yellow Dog

**Coit Tower Run 3 miles
12/22/96**

**Race Directors:
Bill Woolf & Bobby Absolute**

**Volunteers: Joe Basile, Marian Lyons,
Richard Hannon,
Liese Rapozo & Kelly Murphy**

No Kids' Run

Runners:

1. Mike Rossner	14:45
2. Tyler Abbott	14:49
3. David Moulton	15:10
4. Mark Ford	15:23
5. John Spriggs	15:32
6. Jim Misener	15:55
7. William Galvin	16:00
8. Feras Hacabi	16:28
9. Mario Johnny Garza	16:47
10. Marielle Schlueter	① 17:20
11. Patrick Lee	19:01
12. Hashim Bashiruddini	19:38
13. Stever Leung	20:10
14. Jeff Houston	20:14
15. Norman Ching	20:38
16. Martyn Ray	20:54
17. Peter Royce	20:58
18. Hal McClure	21:03
19. George Roach	21:06
20. Kay Kimball	② 21:09
21. Tom Christian	21:17
22. Wendy Newman	③ 21:21
23. Tomassa Nakamura	21:22
24. Peking Duck	21:30
25. Bobby Marty	21:55
26. Marian Lyons	④ 22:02
27. Ceis Wildin	⑤ 22:07
28. Frank Ray	22:42
29. Ed Mahler	22:43
30. Jack Halton	22:59
31. Don Watson	24:33
32. Tom Boyd	24:42
33. B. Bo Hewitt	24:46
34. Patrick Reagan	25:11
35. Juan-Tomas Rehbock	25:15

36. Joe Oakes	25:16
37. Bruce D. Oliver	25:59
38. Kathryn Von Blankenburg	26:23
39. Salvaje	26:23
40. Dina Dovash	26:48
41. Calvin Chan	27:38
42. Jane Colman	30:00
43. Wally Rapozo	30:01
44. Charlene Schminz	32:44

Self-Timers:

1. Richard Hannon	
2. Ron Brock	
3. Neil Mahoney	
4. Tony Stratta	36:05
5. Ed Olkowski	36:45
6. Bob Jordan	
7. Liese Rapozo	
8. Phyllis 'Saida' Nabhan	

**Christmas Blind Date Relays 2 x 2 miles
12/25/96**

Race Director: Kevin Lee

**Volunteers: Marian Lyons, Richard Hannon,
Letty Garbisch & Liese Rapozo**

Runners:

1. Susan Chou / David Moulton	①	24:07
2. Johon Spriggs		24:23
3. Cesar M. Guillen		24:44
4. Kay Kimball / Robert Alexander	②	26:17
5. Stephanie Fong / William Galvin	③	26:27
6. Laura / Jeremy Elsener	④	26:44
(Kids #1 - 10 min. head start)		
7. Sharon Lee / Collin Lee	⑤	27:02
8. Lucy Wing / Andy Chan-Man	⑥	27:32
9. Helga / Tomassa Nakamura	⑦	29:06
10. Mitchell Sollod		29:33
11. Chris Davis		30:08
12. Ceis Wildin / Patrick Lee	⑧	30:21
13. Doerte Murray / Gregory Brown	⑨	40:32
14. Dina Kovash / Mike Rossner	⑩	31:03
15. Norman Ching		31:49
16. Marian Lyons / Mark Newman	⑪	32:02
17. Beth Vitalis / Wally Rapozo #11		32:07
18. Elaine Koga / Alec Z. #12		32:10
19. Denise Valkema / Ron Brock #13		32:20
20. Marie Appel / A. Hom #14		32:26
21. Janine / Stever Leung #15		32:37
22. B. Bo Hewitt / Patrick Reagan		32:43
23. Denise Leo / Kevin Murano #16		32:53
24. Joan Hilton / Larry Fine #17		33:09

25. Mary Rogers / Tom Christian #18	33:41
26. Frank Ray	33:42
27. Phyllis Nabhan / Cedric Akbar #19	34:48
28. Rachel Power / Ron Dorey #20	34:54
29. Bobby Absolute	35:03
30. Wendy Newman / Ed Murray #21	35:43
31. Lindsay Hutchins / Bobby Marty #22	35:48
32. Jane Colman / Bill Woolf #23	37:43
33. Saint Nicholas Lederer	41:14
34. Calvin Chan	42:33

Self-Timers:

1. Liese Rapozo	
2. John Ziegler	
3. Salvaje	
4. Jim Gallagher	
5. Neil Mahoney	
6. Harold Heringhi	
7. Bob Jordan	
8. Tony Stratta	29:48

**Ferry Building Run - 3.83 miles
12/29/96**

Race Director: (Information Not Available)

**Volunteers: Joe Basile, Marian Lyons,
Richard Hannon, Sally Buchmann,
Keith Nowell & Kevin Lee"**

Kid's Run Canceled

Runners:

1. Wayne Cottrell	21:18
2. Mike Rossner	21:49
3. Tyler Abbott	21:52
4. William Galvin	23:14
5. Jim Misener	23:36
6. Feras Halabi	24:28
7. Mario Johnny Garza	24:44
8. Phil Melman	25:05
9. Bob Akers	25:46
10. No Name	25:59
11. Collin Lee	26:15
12. Dick Parker	27:03
13. Patrick Lee	27:09
14. Theo Jones	27:16
15. Joshua Olkowski	27:24
16. Richard Chapleau	28:23
17. Martyn Ray	28:56
18. Stever Leung	29:03
19. Dave Picariello	29:47
20. Michael Smith	30:47
21. Peter Royce	31:15
22. Bobby Marty	31:59

Ferry Building Run - 3.83 miles
12/29/96

Continued from previous page

23. Ed Olkowski	32:18
24. Ed Mahler	32:33
25. Lou Fields	32:58
26. Don Watson	35:35
27. Patrick Regan	35:39
28. Bill Woolf	35:40
29. Jim Gallagher	35:51
30. Tom Kutrosky	36:02
31. Tom Boyd	36:33
32. Salvaje	36:49
33. Kathryn Von Blankenburg ①	36:51
34. Jane Colman	38:15
35. Kevin Murano	38:36
36. Bruce Oliver	38:39
37. Mike Kiser	38:56
38. Elaine Koga ④	39:21
39. Dina Kovash ①	39:46
40. Dunn Silvey	39:54
41. Sarah Healy ⑤	44:09
42. Neil Mahoney	45:23
43. Conrad Von Blankenburg	47:52

Self-Timers:

1. Bob Jordan	
2. Sally Buchmann	
3. Tony Stratta	46:12
4. Ed Olkowski	54:00
5. John Sullivan	
6. Ron Brock	
